

Welcome to City of Bloomington Parks and Recreation!

Our mission is to provide essential services, facilities and programs necessary for the positive development and well-being of the community through the provision of parks, greenways, trails and recreational facilities while working in cooperation with other service providers in the community in order to maximize all available resources.

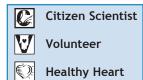


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City of Bloomington Parks and Recreation Department office, City Hall

401 N. Morton St., Ste. 250 Phone: (812) 349-3700

Fax: (812) 349-3705

E-mail: parks@bloomington.in.gov

Hours: Monday–Friday, 8 a.m.–5 p.m.

Closings (entire City building is closed): *Primary Election Day* (May 4), *Memorial Day* (May 31), *Independence Day* (July 5), *Labor Day* (September 6)

Services offered: Program/event registration, shelter rentals, ballfield rentals, recreational gear rental, maps, brochures, sponsorship inquiries (see page 46), volunteer inquiries (see page 45) and community relations.

Parking: Designated visitor spaces available in lot on north end of the building. Metered parking and designated visitor spaces on Morton St.

Accessibility: Designated parking spaces in North and South lots, ramp/sidewalk access from parking lots, automatic doors at south entrance, elevator located inside main entrance, restrooms available on ground and second floor level.

Mayor of Bloomington

Mark Kruzan

Parks and Recreation Department Director

Mick Renneisen

Board of Park Commissioners

John Carter—President Jane St. John—Vice President Les Coyne Joe Hoffmann

The Board of Park Commissioners holds regular meetings the fourth Tuesday of every month, which are open to the public. Meetings begin at 4 p.m. in City Hall, located at 401 N. Morton St. Citizens of Bloomington are invited to visit the Board of Park Commissioners meetings with questions or concerns regarding City parks and recreation programs.

Equal Opportunity is for everyone

This program receives federal funds from the National Park Service. Regulations of the U.S. Department of the Interior strictly prohibit unlawful discrimination in departmental federally assisted programs on the basis of race, color, national origin, age or handicap. Any person who believes he or she has been discriminated against in any program, activity or facility operated by a recipient of federal assistance should write to:

Director, Equal Opportunity Program, U.S. Department of the Interior, P.O. Box 37127, Washington D.C. 20013-7127

This guide is printed with soy-based ink on 10 percent post-consumer recycled paper.

Many of our programs and events are part of the Bloomington Entertainment and Arts District (BEAD).

BEAD is a geographically defined, mixed-use cultural district capitalizing on local and regional assets that are specific to the cultural, economic and social issues of Bloomington.

For more information on BEAD visit http://bloomington.in.gov.

HOTLINE NUMBERS

Community Events
Performing Arts Series
Peoples Park Concerts
(812) 349-3754

All Sports (Basketball, Softball, etc.) (812) 349-3610

Bryan Park and Mills Pools (Summer)

(812) 349-3741

Additional numbers

Maintenance Headquarters Rose Hill & White Oak Cemeteries (812) 349-3498

Lee Huss, Urban Forester (812) 349-3716

Inclusive Recreation Services (812) 349-3747

Are you on our mailing list?

To receive the program guide, published three times per year, call 349-3700 and ask to be placed on the mailing list.

Photo policy

Parks and Recreation staff may videotape or take photos of participants in programs and at special events or of people in parks or on park properties. These photos may be used in future program guides, brochures, fliers or other materials used to promote Parks and Recreation.



Inclusive Approach to Recreation

Parks and Recreation is committed to an inclusive approach to recreation. Inclusion is individuals with and without disabilities participating in recreation activities together.



All of our programs are inclusive to people with and without disabilities. See page 13 for more information about our Inclusive Recreation Services.

Fee Waivers

Parks and Recreation offers fee waivers for use of Bryan Park and Mills Pools. Applications can be obtained at the Parks and Recreation office or any parks facility, and may be submitted to any Bloomington Parks and Recreation facility or employee. Proof of income and in-city residency is required along with a nonrefundable \$2 fee. Approval of fee waiver requests is based on Federal Poverty Guidelines as received from the Indiana Family and Social Services Administration's Housing and Community Services Section.

Scholarships

Because some residents are unable to participate in our programs due to economic hardship, the Bloomington Community Park and Recreation Foundation provides youth scholarships to offset certain fees and charges. Scholarship applications can be obtained at the Parks and Recreation office, Monday through Friday, 8 a.m.–5 p.m., at any department facility, or online at www.bloomington.in.gov/parks. Scholarship applications must be submitted at least two weeks prior to the start of the program for which applying. Proof of income and in-city residency is required.

Natural Resources Educator

Learn more about the amazing natural and cultural resources of our community courtesy of our Natural Resources Educator! Schedule general or specialized programs, classroom visits or field trips to suit your interests. For more information, call 349-3759.

Space is Limited—Register Early!

All classes have limited spaces available. To ensure enrollment, please register by dates given. After the registration deadline please call for space availability. Register by sending in the enrollment form in this guide or in person from 8 a.m.–5 p.m. at the Parks and Recreation office, 401 N. Morton St., Ste. 250. You may also register online at www.bloomington.in.gov/parks.

Nothing cancels a good course quicker than everyone waiting until the last minute to register. If there are not enough registrations by the registration deadline, the course may be cancelled. Coming in on the day the course begins won't resurrect it, so please register early.

Refund Policy

No refunds are provided after the first day of a program. All refunds are subject to a \$2 administrative fee. If the \$2 charge does not cover costs incurred by the Department, the refund may be pro-rated in addition to the \$2 charge. There are no refunds on season passes. Full refunds are given for all classes cancelled by Parks and Recreation.

Substitution Policy

Parks and Recreation reserves the right to use substitute instructors and alternate facilities when necessary.

The Bloomington Parks and Recreation Department is proud to offer programs that help make Bloomington an active community!



The Active Living Coalition strives to increase the number of people in Monroe County who engage in healthy, active lifestyles by working together to present community events, conduct research, offer networking opportunities, and provide heart-healthy programs for all ages. For more information, visit www.activelivingcoalition.org.

Look for the "Healthy Heart" logo next to heart-healthy programs throughout this guide, and for Healthy Heart tips throughout the guide. We are pleased to offer not only heart-healthy programming, but also a trained Health and Wellness Coordinator, Lindsay Buuck, as a resource for building a healthy lifestyle.



Support Parks and the Community and Promote Your Business Become a Parks Partner

The Parks and Recreation Department offers a variety of programs for all ages and interests. Last year, more than 676,000 people participated in Parks and Recreation programs. If you are trying to reach youth, teens, families, young adults or adults over age 50 yrs., we have the medium to promote your product or service. If your business believes in supporting the community, quality of life and environment, Bloomington Parks and Recreation has many sponsorship options to choose from. See page 46 for more information.

Get Involved ... Volunteer!

Look for the volunteer symbol throughout the program guide.



Parks and Recreation volunteers provide valuable services to the community by assisting in many events and programs in a variety of ways. Volunteers can participate on a regular basis or on occasion as desired. There are many opportunities for



individuals and groups to choose from and an assortment of times and days available. See page 45 for more information.



Birthday Parties at Twin Lakes Recreation Center

Rental includes tables, chairs, and use of one basketball court or turf for one hour. Decorating, set-up and cleanup must be done during the rental time, or additional time can be added.

\$50/hour with court, \$80/hour with turf

Plan on eating during your party? Bring in your own food or purchase fountain drinks, hot dogs, chicken tenders, and pizza at our concession services.

For more information, contact the Twin Lakes Recreation Center at 349-3720.

Shelter Rentals

See page 10.



Bloomington Community Park and Recreation Foundation

The Bloomington Community Park and Recreation Foundation is a non-profit organization formed in 1967 to assist in keeping the community beautiful, culturally satisfying and dynamic by enhancing park and green space, cultural amenities, sports and fitness opportunities, activities for senior citizens, wholesome programs for youth, public parkways, trees, and flowers.

The Foundation's Olcott Endowment Fund provides scholarships for Parks and Recreation Department programs to children from low-income families.

The Bloomington Tree Fund was established to assist in the support of the Urban Forestry Program. The Tree Fund supports annual Arbor Day celebrations, volunteer tree plantings on public property, and urban forestry education. Any amount may be contributed at any time to the Bloomington Tree Fund.

To make your gift to the Bloomington Community Park and Recreation Foundation, contact the Foundation at (812) 349-3700 or send an e-mail to the Foundation's Executive Director, Karin St. John, at stjohnk@bloomington.in.gov. You can also contact the Foundation by mail at PO Box 848, Bloomington, IN 47402.

Allison-Jukebox Community Center

351 S. Washington St. Phone: (812) 349-3731

Fax: (812) 349-3785

Hours: Call 349-3731 for facility hours and times for

scheduled classes/events.

Closings: Primary Election Day (May 4), Memorial Day

(May 31), Labor Day (September 6)

Program/Facility Coordinator: Tim Pritchett **Inclusive Recreation Coordinator:** Amy Shrake

Bus Line: #1 South

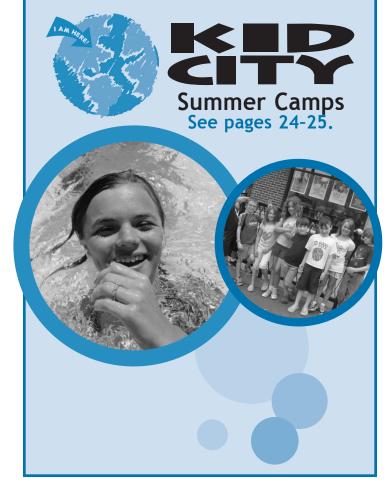
Facility information: Two large activity rooms, restrooms and a full kitchen are available for rental. *Call 349-3728 for reservation and availability.*

Accessibility: Designated parking space and accessible entrance in rear/southeast side of building, accessible

restrooms.

Rentals

Room	Nonprofit	Private
Activity rooms (two available)	\$20/hour/room	\$35/hour/room
Restrooms only (with Third Street Park)	\$20/hour	\$35/hour
Kitchen	\$15 flat fee	\$20 flat fee



Banneker Community Center

930 W. Seventh St. Phone: (812) 349-3735

Fax: (812) 349-3705

Hours: Office Hours: Monday–Friday, 9 a.m.–5 p.m. Drop-In Hours: Monday–Friday, 5–9 p.m.

Closings: Primary Election Day (May 4), Memorial Day (May 31), Independence Day (July 5), Labor Day

(September 6)

Program/Facility Coordinator: Leslie Brinson

Program Specialist: Karen Serfling **Bus Line:** #3 drops at Fifth and Elm Streets

Ages: All ages are welcome. Children ages 10 yrs. and under must be accompanied by a responsible caregiver age 18 yrs. and

up at all times.

Facility information: Gymnasium, recreation room, restrooms, full kitchen, library, Family Resource Center (third floor) **Rentals:** Three meeting rooms, a gymnasium, full kitchen, and building are available for rental. *Call 349-3735 for reservation and cost information.*

Accessibility: Designated parking space on west side of building, ramp and elevator on ground floor, gym entrance is accessible.

Sport Shorties Fall Ball and Tee Ball See page 21.



Evans-Porter Memorial Library

Hours: Monday–Friday, 9 a.m.–9 p.m.

The Banneker Community Center is proud to host the Evans-Porter Memorial Library in partnership with the Monroe County Public Library. Come browse the book selections, magazines and resource materials located in the Library. Check-out procedures are easy and convenient.

Banneker Advisory Council Meetings

Share your ideas for programs, activities and special events at the Banneker Community Center. An opportunity for public comment is offered at each meeting. If interested in becoming a part of the Advisory Council, contact Leslie Brinson at 349-3734 for an application.

May 24 ♦ 4–5 p.m. July 26 ♦ 4–5 p.m.



Banneker Green Thumbs Garden

The Banneker Green Thumbs
Garden, located at the Banneker
Community Center on
West Seventh Street, enables
youth enrolled in the Banneker
Center's after-school and summer
programs to learn the art of organic
gardening. Mother Hubbard's
Cupboard, a local food pantry,
partners with the Community
Garden Program to help educate



the youth of our community while producing food to be distributed to community members in need through the Plant a Row for the Hungry Campaign. For information on how to participate call 349-3704 or e-mail drakeb@bloomington.in.gov.

POOLS HOTLINE: (812) 349-3741

Bryan Park Pool

Open May 29—August 29 1100 S. Woodlawn Ave.

Phone: (812) 349-3780
Aquatics Coordinator: Rob Gilchrist

Parking: Large parking lot off Woodlawn Avenue

Hours: Daily, 11 a.m.-7 p.m.

School hours: Weekdays, August 18–29 from 3–7 p.m.

Weekends remain 11 a.m.–7 p.m. during this time.

Features: Family zero-depth activity pool designed for children under 10 yrs., two waterslides*, 17' drop slide, and family concession area.

Daily admission rates

Youth (17 yrs. and under) \$2 Adult \$2.50 Waterslides* \$2

*General admission fee does not include use of waterslides.

Family season passes: \$150/in-city, \$200/non-city

Economy punch passes: \$75 for a 50-punch pass—good for

admission and/or waterslide \$35 for a 20-punch pass—good for admission and/or waterslide

Mills Pool

Open May 29-August 29

1100 W. 14th St.

Phone: (812) 349-3781 Aquatics Coordinator: Rob Gilchrist

Parking: Large parking lot adjacent to pool at Tri-North

Middle School

Hours: Daily, 11 a.m.-7 p.m.

School hours: Weekdays, August 18–29 from 3–7 p.m.

Weekends remain 11 a.m.-7 p.m. during this time.

Features: Family zero-depth activity pool designed for children under 10 yrs., water basketball, 57¹ drop slide, and family picnic and concession area.

Daily admission rates

Youth (17 yrs. and under) \$2 Adult \$2.50

Family season passes: \$100/in-city, \$150/non-city

(good only at Mills Pool)

Economy punch passes: \$18 for a 10-punch pass

\$35 for a 20-punch pass \$75 for a 50-punch pass

For both Bryan Park and Mills Pools:

Operating hours are subject to change based on weather conditions. For updates, call the Pools Hotline. Portions of the main pool may also close for programs, low attendance, or lifeguard shortages.

Accessibility: Designated parking is available. Accessible toilet and shower in men's and women's bathhouse. Accessible chair lift for persons needing assistance entering pool.

Supervision: All children under age 10 yrs. must be supervised by an adult 18 yrs. and up at all times.

Passes for both pools include parents (2 max.) and their dependent children under the age of 18 yrs., residing in the same household.

Twin Lakes Recreation Center

1700 W. Bloomfield Rd.

www.bloomington.in.gov/TLRC

Phone: (812) 349-3720 Fax: (812) 349-3707

Hours: Monday–Friday, 5 a.m.–10 p.m. Saturday–Sunday, 7 a.m.–10 p.m. Memorial Day (May 31): 10 a.m.–4 p.m. Independence Day (July 4): 10 a.m.–4 p.m. Summer shutdown (August 16–22): Closed Labor Day (September 6): 10 a.m.–4 p.m.

Facility Manager: Mark Sterner

Program/Facility Coordinator: Daren Eads **Aquatics/Sports Coordinator:** Rob Gilchrist **Health/Wellness Coordinator:** Lindsay Buuck

Membership Coordinator: TBD

Daily admission

Daily admission for individual non-members: **\$6** Daily admission for youth ages 7–17 yrs.: **\$5** Youth ages 6 yrs. and under admitted **free.**

See pages 31-34 for adult fitness and wellness programs at the TLRC.

Facility rental (per hour)

Program Room	\$30
Conference Room	\$40
Fitness Room	\$50
Party Room	\$50
Whole Lower Level	\$120
Rental of entire facility	Call for prices and information.
Basketball competitions per court	\$32 or \$42/hour Call for information.
Basketball practice/court	\$22/hour
Basketball practice/half court	\$15/hour
Turf field	\$70/hour
Turf field non-prime 5 a.m4 p.m.	\$40/hour

SUMMER June 4 ♦ 6:30–9 p.m.

JAMBOREE
For all ages.
See page 18.

Memberships*

Туре	Automatic Monthly Debit**	Monthly	Six months	12 month
Student Under 18 yrs. or with valid college or university ID	\$22/month Automatically debited from your bank account each month.	\$25/month Payable by cash, check, or credit card each month at the TLRC.	\$125 One up-front payment. Savings of \$25 over Automatic Monthly Debit rate.	\$225 One up-front payment. Savings of \$39 over Automatic Monthly Debit rate.
Adult	\$32/month Automatically debited from your bank account each month.	\$35/month Payable by cash, check, or credit card each month at the TLRC.	\$175 One up-front payment. Savings of \$17 over Automatic Monthly Debit rate.	\$325 One up-front payment. Savings of \$59 over Automatic Monthly Debit rate.
Senior age 60 yrs. and up	\$27/month Automatically debited from your bank account each month.	\$30/month Payable by cash, check, or credit card each month at the TLRC.	\$149 One up-front payment. Savings of \$13 over Automatic Monthly Debit rate.	\$276 One up-front payment. Savings of \$48 over Automatic Monthly Debit rate.
Two Person Must reside in the same household.	\$47/month Automatically debited from your bank account each month.	\$50/month Payable by cash, check, or credit card each month at the TLRC.	\$250 One up-front payment. Savings of \$32 over Automatic Monthly Debit rate.	\$475 One up-front payment. Savings of \$89 over Automatic Monthly Debit rate.
Two Seniors age 60 yrs. and up. Must reside in the same household.	\$40/month Automatically debited from your bank account each month.	\$42/month Payable by cash, check, or credit card each month at the TLRC.	\$212 One up-front payment. Savings of \$28 over Automatic Monthly Debit rate.	\$404 One up-front payment. Savings of \$76 over Automatic Monthly Debit rate.
Family Max. 2 adults and dependent children living in the same household	\$55/month Automatically debited from your bank account each month.	\$60/month Payable by cash, check, or credit card each month at the TLRC.	\$300 One up-front payment. Savings of \$30 over Automatic Monthly Debit rate.	\$575 One up-front payment. Savings of \$85 over Automatic Monthly Debit rate.

^{*}There is a one-time capital fee of \$20 for each new member.

Corporate Wellness programs: from a healthy lifestyle to a healthy workplace! Our Corporate Wellness Program inspires employees to be healthy and fit, while maximizing positive results for employers. Employee wellness may actually boost your bottom line! As the cost of health care continues to rise, more companies are giving their employees ways to prevent illness and reduce health risks through wellness programs. For help designing a custom wellness program that fits your company's mission and goals, or to learn more about the benefits of employee wellness programs to your company, contact our Membership Coordinator at 349-3720.

^{**}Automatic Monthly Debit requires a 12-month commitment, and can be put on a freeze for up to three months within 12 months.

B-Line Trail

Opened June 2009, the first phase of the 3.1-mile B-Line Trail runs from Rogers Street to Second Street. Construction on the second phase, from Second Street to Grimes Lane and from Rogers Street to Adams Street, will begin in 2010. "Bloomington Banquet," a limestone sculpture designed by local artist Dale Enochs and selected as the B-Line Trail's signature art piece, is located in the Farmers' Market Plaza behind City Hall.



"Bloomington Banquet" by local artist Dale Enochs

Bloomington Rail Trail

The Bloomington Rail Trail has a trailhead located at W. Country Club Dr., between S. Rogers St. and S. Old SR 37. This trail connects to the Clear Creek Trail, offering a total of 4.3 miles of trail.

PARKING: Available at trailhead in lot at Country Club Dr.

TRAIL: 2.0 miles, gravel ACCESSIBILITY: Inaccessible

Broadview Park

Broadview Park is located at 704 West Graham Dr. Parks and Recreation in partnership with the Monroe County Community School Corporation built a new park and playground at the site of the former Broadview School in 2007.

AMENITIES: One small, unreservable shelter, youth and tot play equipment, basketball court, picnic tables and benches

PARKING: Available at park

ACCESSIBILITY: Playground and picnic shelter are accessible. Designated parking space.

Bryan Park

Bryan Park is located at 1001 S. Henderson St.

AMENITIES: Three baseball/softball fields (unlighted), four basketball goals (lighted), three playgrounds, three reservable shelters (see page 10 for details), two volleyball courts (grass/sand), five tennis courts, three horseshoe pits, a fitness area by the North Shelter, restrooms, picnic tables and an Olympic-sized, outdoor swimming pool/water slides. A "tot lot" playground was installed in 2008.

PARKING: Available on Woodlawn Ave., Henderson St. and Bryan Park Pool parking lot

TRAIL: .8 miles (loop), paved

ACCESSIBILITY: Designated parking space, restroom, juvenile playground, basketball courts, creekside walking trail, Woodlawn Shelter and playground are accessible.

Building and Trades Park

Building and Trades Park is located at 619 W. Howe St.

AMENITIES: Five basketball goals, two playground areas on north side of park, one reservable shelter (see page 10 for details), one play field, restrooms located near W. Howe St. and a picnic table by the parking lot

PARKING: Off W. Howe St. TRAIL: .25 miles, paved

ACCESSIBILITY: Designated parking space in W. Howe St. lot, shelter and playground are accessible.

Rev. Ernest D. Butler Park and Community Gardens

Located at 812 W. Ninth St. The Community Garden Program is partnering with Mother Hubbard's Cupboard to develop a new garden site in Rev. Ernest D. Butler Park. Garden plots will be available to rent for the 2011 season.

AMENITIES: Two basketball goals, one ballfield, a drinking fountain, two small, unreservable shelters and a playground

PARKING: Two small parking lots

TRAIL: .7 miles, paved

ACCESSIBILITY: Playground is accessible.

Cascades Park and Skate Park

Lower Cascades Park is located at 2851 N. Old State Rd. 37. Dedicated in August 1924, Lower Cascades Park was the City of Bloomington's first park. The City's largest playground was constructed at the Park in 2006. In September 2008, the City purchased an additional 6.15 acres of greenspace to add to Lower Cascades Park. AMENITIES: Two baseball/softball fields, one playground, two reservable shelters (see page 10 for details), one sand volleyball court,

restrooms and limestone picnic tables **PARKING:** Available at shelters and ballfields **ACCESSIBILITY:** Playground is accessible.

Upper Cascades Park is located at 3550 N. Kinser Pk. and is home to the Cascades Golf Course. The Skate Park at 2602 N. Kinser Pk. features concrete ramps, rails and other terrain for use by skateboarders and in-line skaters.

AMENITIES: Playground, 27-hole golf course (see page 34 for costs, tee times, clubhouse rental), restrooms, Skate Park, benches and one large, reservable shelter (Lions Den, see page 10 for details) **PARKING:** Available at Cascades Clubhouse, shelter and Skate Park **ACCESSIBILITY:** Designated parking spaces at clubhouse,

playground and shelter are accessible.

Clear Creek Trail

The Clear Creek Trail has trailheads located at Tapp Rd., That Rd. and Church Ln. The southernmost part of the trail features the historic Harris Ford Bridge from Warren County.

PARKING: Lots located at Church Ln., That Rd. and Tapp Rd.

trailheads

TRAIL: 2.4 miles, paved

ACCESSIBILITY: Trail and parking lots are accessible.

Crestmont Park & Community Gardens

Crestmont Park is located at 600 W. 16th St.

AMENITIES: Four basketball goals, 18-hole frisbee golf course (www.bdgc.org), one playground, a drinking fountain, one small, unreservable shelter and community gardens (see page 10 for details).

PARKING: Located off W. 16th St.

ACCESSIBILITY: Parking available, community gardens and playground are accessible.

Goat Farm

Located at 2000 E. Winslow Rd.

The Bloomington Community Park and Recreation Foundation, on behalf of the City of Bloomington, accepted a donation of 31.5 acres of land known as the "Goat Farm" from the Sherman Rogers family in June 2007. The City's Parks and Recreation Department will manage the area for public recreational purposes and passive greenspace.





Griffy Lake Nature Preserve

Scenic woodlands teeming with wild flora and fauna surround Griffy Lake at this 1,192-acre nature preserve. **Swimming is prohibited**, and to protect wildlife and visitors, all dogs must remain leashed while in the Preserve. Rowboat, kayak and canoe rentals are available seasonally at the Griffy Lake boathouse.

Griffy Lake Nature Preserve is located at 3300 N. Headley Rd. Call 349-3700 for more information.

Griffy Lake Rental Fees

Boat, Canoe and Kayak Rental (2 hr. limit on holidays/weekends) \$6/hour Misc. Rental (paddle, anchor, nature guide, etc.) \$50 10-Rental pass

Available for purchase at the boathouse during normal business hours.

Groups wishing to make boat rental reservations Monday-Friday may do so by calling 349-3759. We do not reserve boats on weekends or holidays.

Launch fees: \$50/season, \$5/day

Boathouse Hours: April and October, Saturday and Sunday only,

9 a.m.–6 p.m.

May-August, Daily, 8 a.m.-8 p.m. September, Daily, 9 a.m.-6 p.m. November-March, Closed

Boathouse Phone: 349-3732

Self-Guided Canoe Trail Learn about the cultural and natural history of the Nature Preserve while traveling by canoe. Free, updated canoe trail guides are available at the Griffy Lake boathouse. **Griffy Lake Trails** Trail guides are available at the Bloomington Parks and Recreation office and the Griffy Lake boathouse. Please respect this fragile environment by remaining on the marked trails. Dogs must remain on leash at all times. Mountain biking, horseback riding and off-road vehicles are strictly prohibited. **AMENITIES:** Boat, canoe and kayak rentals, 109-acre lake, one

play field (off of N. Dunn St.), restrooms (next to boathouse, open during boathouse hours) and picnic tables (by the boathouse)

PARKING: Available by the boathouse (3300 N. Headley),

additional spaces available on N. Dunn St.

TRAILS: 10+ miles total, wood chip and natural; Wetlands Trail .3 miles, Nature Trail .4 miles (loop), Griffy Creek Trail 1.5 miles, Hiking Trail 1.6 miles (loop); Self-guided canoe trail (see above for details)

ACCESSIBILITY: Inaccessible

Highland Village Park

Located at 950 S. Harvey Dr.

AMENITIES: Two basketball goals, one play field, a drinking fountain, one small, unreservable shelter, a playground and .33-mile walking trail

PARKING: Limited space available

ACCESSIBILITY: Playground/swings and trail are accessible.

Jackson Creek Trail

Construction scheduled to begin in 2010.

Latimer Woods

Located on the east side of Bloomington at 3200 E. Buick Cadillac Blvd. A .4-mile interpretive trail describing the area and its history is located on the 10-acre property. The trail can be accessed down the dirt road toward the woods.

AMENITIES: .4 mile loop, woodchip

PARKING: Southwest corner of The Woods at Latimer apartments

ACCESSIBILITY: Inaccessible

Leonard Springs Nature Park

Located on the southwest side of Bloomington, west of State Road 37 at 4685 S. Leonard Springs Rd. Leonard Springs contains both Leonard Springs and Shirley Springs in addition to caves, steep, forested slopes and a wetland.

PARKING: Available at lot on Leonard Springs Rd.

TRAIL: 1 mile, wood chip and natural **ACCESSIBILITY:** Inaccessible

Miller-Showers Park

Miller-Showers Park is located at 1500 N. College Ave. and is accessible from 17th St. on the south. Miller-Showers Park greets residents and visitors with the "Red, Blond, Black and Olive" sculpture, observation pier, walking bridge, accessible trail and native landscaping.

AMENITIES: Park benches, drinking fountain and .59-mile

PARKING: Located off W. 17th St., additional parking available on N. Walnut St. and S. College Ave. adjacent to the park ACCESSIBILITY: Designated parking available in W. 17th St. lot, trail is accessible.

Olcott Park

Located at 2300 E. Canada Dr.

AMENITIES: Multipurpose play fields (lighted-reservable), one reservable shelter (Young Pavilion, see page 10 for details), restrooms and playground

PARKING: Large parking lot **TRAIL:** .5 miles (loop), paved

ACCESSIBILITY: Designated parking space in lot, playground and shelter are accessible.

Park Ridge Park

Located at 3421 E. Longview Ave.

AMENITIES: Two basketball goals, one playground, one small, unreservable shelter with grill and bike path to the bypass nearby

PARKING: None

ACCESSIBILITY: Playground and shelter are accessible.

Park Ridge East Park

Located at 4221 E. Morningside Dr.

AMENITIES: One full basketball court (unlighted), one small, unreservable shelter with grill and two tennis courts. New playground equipment was installed in 2008.

PARKING: None

ACCESSIBILITY: Shelter is accessible.

Peoples Park

Located in the heart of the city and bordering the Indiana University campus at 501 E. Kirkwood Ave.

AMENITIES: Benches, checker tables, murals, stone sculpture and mosaic tiles; Tuesday Lunch concerts at Noon, May through September.

PARKING: Available on Kirkwood Ave. and surrounding streets

ACCESSIBILITY: Accessible

RCA Park

Located at 1400 W. RCA Park Dr.

AMENITIES: Two full basketball courts (lighted), two baseball/ softball fields, restrooms near playground, four tennis courts, one large play field, one large playground with sand surface and two reservable shelters (one large, one small; see page 10 for details)

PARKING: Parking available in RCA Park Drive lot **TRAILS:** .7 miles, paved interpretive trail, and .74 miles, wooded trail

ACCESSIBILITY: Interpretive walking trail is accessible. Shelter and parking are accessible.

Rose Hill Cemetery

Located at 1100 W. Fourth St. Features graves of both local and nationally known Bloomington residents. Cremation ground plots and mausoleum niches are still available.

OFFICE: 930 W. Fourth St. Contact: Barb Dunbar at 349-3498

AMENITIES: Paved service drives, dog station

PARKING: Parking available on Fourth St. and along service drives

ACCESSIBILITY: Inaccessible

Schmalz Farm Park

Located at 3010 E. Daniel St.

AMENITIES: Schmalz barn, one playground, benches, one small

unreservable shelter and picnic tables **PARKING:** Limited space available

ACCESSIBILITY: Playground and shelter are accessible.

Sherwood Oaks Park

Located at 1600 E. Elliston Dr.

AMENITIES: Two basketball goals, open play fields, two tennis courts, a drinking fountain, one small, unreservable shelter, a small, running stream and a trail bridge over Jackson Creek leads to Olcott Park and Jackson Creek Middle School. New playground equipment was installed in 2009.

PARKING: Parking lot with limited space ACCESSIBILITY: Tennis courts are accessible.

Southeast Park

Located on a cul-de-sac, Southeast Park is located in the Sycamore Knolls neighborhood, just south of Moores Pike at 1600 Sycamore Ct. **AMENITIES:** Four basketball goals, one playground, one small, unreservable shelter with picnic table and two grills, tennis courts, a drinking fountain and a gravel walking path in the south end of

PARKING: Small parking area at end of cul-de-sac **ACCESSIBILITY:** Playground and shelter are accessible.

Third Street Park

Located at 331 S. Washington St. **AMENITIES:** One playground, stage

PARKING: Parking available behind the stage, limited parking

available along S. Lincoln St. and S. Washington St.

ACCESSIBILITY: Designated parking space available behind the stage; sidewalk through the park is accessible.

Twin Lakes Sports Park

Located at 2350 W. Bloomfield Rd. (Second Street)

AMENITIES: Four softball fields (lighted), one playground, picnic tables, concession stand (when games are in play), one reservable, closed shelter (Twin Lakes Lodge, see page 10 for details) and restrooms (during league play)

PARKING: Parking for over 300 vehicles **TRAILS:** .7 miles, wood chip and natural trail

ACCESSIBILITY: Playground is accessible, designated parking space, ballfields are accessible, Twin Lakes Lodge (except kitchen) is accessible.

Wapehani Mountain Bike Park

Hit the trail with your mountain bike at this 46-acre park, located at 3401 W. Wapehani Rd. Wapehani Mountain Bike Park was the first mountain bike park established in the State of Indiana. Helmets and a signed waiver statement are required for bicyclists. Waivers are available at the Parks and Recreation office. Please don't ride the trails when they're muddy!

TRAIL: 5.0 miles, dirt

PARKING: Gravel lot on Wapehani Rd., limited spaces

ACCESSIBILITY: Inaccessible

White Oak Cemetery

Located at 1200 W. Seventh St. Originally the United Presbyterian Cemetery, this cemetery was purchased by the City of Bloomington in 1914 and renamed White Oak in 1983. Plots are still available for purchase.

OFFICE: 930 W. Fourth St. Contact: Barb Dunbar at 349-3498

AMENITIES: Greenspace

PARKING: Parking available on street and on service drive

ACCESSIBILITY: Inaccessible

Winslow Sports Complex

Located at 2800 S. Highland Ave., just south of the YMCA **AMENITIES:** Six baseball/softball fields, multiple tennis courts, one playground, one play field and restrooms

PARKING: Lot located off S. Highland, additional parking at

Winslow Woods Park **TRAILS:** 9 miles, natural

ACCESSIBILITY: Playground and parking are accessible.

Winslow Woods Park & Willie Streeter **Community Gardens**

Located at 2120 S. Highland Ave., just north of Winslow Sports Complex, Winslow Woods Park features the Willie Streeter Community Gardens. See page 10 for details.

AMENITIES: Two basketball goals (unlighted), one playground, one play field, restrooms (Port-A-John), one large, reservable shelter (see page 10 for details), picnic tables, a drinking fountain and community gardens

PARKING: Parking available at shelter

ACCESSIBILITY: Parking, playground, community gardens and shelter are accessible.



Trails at Winslow Sports Complex



Community Gardens



For more information call 349-3700.

The Community Gardening Program grows both plants and community. Since 1984, Parks and Recreation has offered community gardening opportunities for people of all ages and backgrounds. Children find opportunities to learn. Gardeners with disabilities or other limitations find gardening support, including wheelchair-accessible raised beds and access to adaptive tools. Gardening novices find expert advice from more experienced gardeners as well as learning opportunities from garden staff. Whether you garden to produce healthy food for yourself and your family, for the aesthetics of beautiful flowers, to meet friends or to provide food for those in need, we have a place for you.

The Willie Streeter Community Gardens and Crestmont Community Gardens offer a variety of gardening opportunities for individuals, families, groups and organizations. Services provided include the initial tilling of the garden area, sources of water, composting facilities, access to tools, fencing, and the advice of the garden supervisor (if requested). Participants will receive Community Garden Program newsletters throughout the season as well. Both gardens have plenty of conveniently located parking and are also accessible on Bloomington Transit bus routes. Plots are available for rent April 1—October 31. A limited number of plots and all the raised beds allow for the overwintering of crops, with permission from garden staff.

Registration: Contact us for forms to complete before coming into our office to choose your plot. Forms can also be downloaded from our Web site. New gardeners or gardeners who gardened last season but wish to reserve a different plot may register beginning March 1 on a first-come, first-served basis. Register at the Bloomington Parks and Recreation Department office in City Hall, 401 N. Morton St., Suite 250, Monday through Friday, 8 a.m.–5 p.m.

Willie Streeter Community Gardens

Located in Winslow Woods Park at 2120 S. Highland Ave., near the YMCA.

Code	Plot Type	Size	Cost in-city/non-city
46501-A	Organic Plots	$10^{1} \times 20^{1}$	\$52/\$60
46501-B	Organic 1/2 Plots	$10' \times 10'$	\$26/\$31
46501-C	Conventional Plots	$10^{1} \times 20^{1}$	\$52/\$60
46501-D	Raised Beds	$4^{\scriptscriptstyle 1} \times 8^{\scriptscriptstyle 1} \times 2.5^{\scriptscriptstyle 1}$	\$26/\$31

Crestmont Community Gardens

Located in Crestmont Park at 600 W. 16th St., near Tri-North Middle School.

Code	Plot Type	Size	Cost in-city/non-city
46502-A	Organic Plots	$10^{1} \times 10^{1}$	\$10/\$12
46502-B	Raised Beds	$4^{1} \times 8^{1} \times 2.5^{1}$	\$10/\$12

Butler Park Community Gardens

The Community Garden Program is partnering with Mother Hubbard's Cupboard to open a new garden at Rev. Ernest D. Butler Park. The infrastructure for the garden will be developed through 2010 and garden plots will be available for rent during the 2011 season. Contact us if you are interested in helping develop the garden this year and/or would like to receive plot rental registration information for 2011.

Plant a Row for the Hungry

To address local issues of community food security, the Parks and Recreation Department joins with Worm's Way, Hilltop Garden and Nature Center, Bloomingfoods Market and Deli, Mother Hubbard's Cupboard and Hoosier Hills Food Bank in encouraging gardeners to grow an extra row for a hungry family. In 2009, the project raised over 30,000 pounds of fresh produce, which was distributed through the Food Bank.

Shelter House Rentals

Shelter house reservations may be made in person at the Bloomington Parks and Recreation office, Monday–Friday, from 8 a.m.–5 p.m. With the exception of Twin Lakes Lodge, shelter reservations may also be made online; the Lodge must be reserved in person. Shelters are available for rental April 1 through October 31. Reservations are available year round on a first-come, first-served basis.

Bryan Park—Henderson—\$43

This shelter is near Henderson St., close to the Tot Lot playground, and houses 25–30 people. The shelter is equipped with a grill, but no electricity.

Bryan Park—North Shelter—\$43

This shelter is located near the north side of the park. It houses approximately 25–30 people and comes equipped with a grill, water and electricity.

Bryan Park—Woodlawn Group Shelter—\$55

This shelter is near Woodlawn Ave. and situated close to Bryan Park Pool and the tennis courts. It houses approximately 120 people, is wheelchair accessible, and comes equipped with grills, electrical outlets and lights.

Building and Trades Park Shelter—\$43

Across from Bloomington Hospital on Second St., this shelter houses 25–30 people. It is wheelchair accessible, comes equipped with accessible restrooms and a grill, but no water or electricity.

Lower Cascades Park—Sycamore Shelter—\$65

Located in the lower portion of Cascades Park, this shelter houses approximately 75 people. Bathrooms (open seasonally) are a part of the building, and the shelter comes equipped with grills, electricity, playground access and a large parking lot.

Lower Cascades Park—Waterfall Shelter—\$55

This shelter houses approximately 75 people. It comes equipped with electricity, a fireplace, playground access, grills and a sand volleyball court nearby. Restrooms are across the road at the playground or in the Sycamore Shelter.

Olcott Park—Young Pavilion—\$55

This round pavilion can accommodate 50–75 people. It is wheelchair accessible and comes equipped with picnic tables and a group grill, but no lights or electricity. Restrooms are located nearby.

RCA Park—Small Shelter—\$43

Located off Rockport Rd./Countryside Ln. on Thomson Park Dr., this accessible shelter houses approximately 25–30 people. It comes equipped with a grill, but no water or electricity. Restrooms are located nearby.

RCA Park—Large Shelter—\$50

This shelter is a beautiful wood structure, secluded among trees and accessible by boardwalk. It can accommodate 50–75 people and comes equipped with adult and children's picnic tables, group grills, electrical outlets and lights, and is wheelchair accessible. Restrooms are located nearby.

Twin Lakes Lodge—\$90 (Mon.-Thur., + \$100 deposit); \$150 (Fri.-Sun., and holidays + \$145 deposit)

Located at 2350 W. Bloomfield Rd. with room for approximately 125 people. This enclosed shelter is wheelchair accessible (except kitchen) and overlooks Twin Lakes Sports Park. It comes equipped with an outdoor deck, full-size refrigerator, microwave, banquet-sized coffee pot and sink, restrooms, tables and chairs.

Upper Cascades Park—Lions Den—\$55

This accessible shelter can accommodate 100–120 people. An accessible playground is nearby, with adult and children's picnic tables, electrical outlets and a grill located at the shelter. Restrooms are available in the Cascades Golf Course Clubhouse during business hours, with Port-a-Johns located at the shelter site.

Winslow Woods Park Playground Shelter—\$50

Located off S. Highland Ave., this accessible shelter houses approximately 120 people and comes equipped with grills and an accessible playground, but no electricity.

Keep your child safe in the water with the Red Cross Learn-to-Swim Program. Refer to the chart for lesson information. Registrations received after the deadline will not be accepted. Registration for Session II and Session III will begin upon conclusion of the previous session to ensure your child can be enrolled in the appropriate level.

Private Swimming Lessons: Our certified staff members are available to teach on a private or semi-private basis. Specific dates, times, and fees are flexible. Anyone interested may make contact with the desired instructor. The aquatics coordinator can help place a student with an appropriate instructor if desired. For more information, please contact Rob Gilchrist at 349-3769.

Weather cancellation policy: In case of inclement weather, the Pools Hotline (349-3741) will be updated with the status of swimming lessons. Swimming lessons will be cancelled for thunder, lightning, and extremely cool temperatures, but will meet in the rain. Cancellations will be made up on the Friday following the cancellation. Should more then two lessons be cancelled during the session, the additional classes will not be made up.

Swimming lessons are inclusive for people with disabilities.

Session I: June 14–25

Cost: \$42/in-city, \$52/non-city Registration deadline: Fri., June 11

Session II: July 5–16

Cost: \$42/in-city, \$52/non-city Registration begins: Thur., June 24 Registration deadline: Fri., July 2

Session III: July 26–August 6

Cost: \$42/in-city, \$52/non-city Registration begins: Thur., July 15 Registration deadline: Fri., July 23

TIME

Bryan Park	Poo	l Less	ons
CLASS	SESSION	TIME	CODE
Parent and Child (Infant/Tot • Ages 6 mos2 yrs.) 30 minutes/MonThur. Designed to orient young children to the water and prepare them to learn to swim in the American Red Cross Preschool Aquatics or Learn-to-Swim courses It is not designed to teach children to become good swimmers or even to survive in the water on their ow Parent and Child Aquatics gives parents safety information and teaches techniques to help them orient their children to the water. It also provides direction regarding how to supervise water activities in a responsible manner.		6:40–7:10 p.m. 6:40–7:10 p.m. 6:40–7:10 p.m.	52001-1A 52001-2A 52001-3A
Parent and Child (Preschool • Ages 2–4 yrs.) 30 minutes/Mon.—Thur. See Infant/Tot description above.	I II II III	10:10–10:40 a.m. 6:00–6:30 p.m. 10:10–10:40 a.m. 6–6:30 p.m. 10:10–10:40 a.m. 6–6:30 p.m.	52002-1A 52002-1B 52002-2A 52002-2B 52002-3A 52002-3B
Preschool Aquatics (Ages 4–5 yrs.) 30 minutes/Mon.—Thur. Teaches aquatic and safety skills in a logical progression. The objective is to start teaching fundamental water safety and aquatic skills to children. Preschool Aquatics orients participants to the aquatic environment and helps them to gain some basic swimming and water safety skills. Participants build on their basic skills to improve propulsive movements on both the front and back to prepare them for the Learn-to-Swim program.	I I II III III III	9:30–10 a.m. 10:10–10:40 a.m. 6:40–7:10 p.m. 9:30–10 a.m. 10:10–10:40 a.m. 6:40–7:10 p.m. 9:30–10 a.m. 10:10–10:40 a.m. 6:40–7:10 p.m.	52003-1A 52003-1B 52003-1C 52003-2A 52003-2B 52003-3A 52003-3B 52003-3C
Level I Introduction to Water Skills 30 minutes/MonThur. The objectives of Level 1 are to learn basic personal water safety information and skills, to help participants feel comfortable in the water and to enjoy the water safety. Participants learn elementary aquatic skills, which they will build on as they progress through the six Learn-to-Swim levels. Participants develop good attitudes about swimming and water safety, good swimming habits and safe practices in and around the water. Exit Skills Assessment: Enter independently using either the ladder, steps or side, travel at least 5 yards, bob 3 times then safely exit the water. Glide on front at least 2 body lengths, roll to a back float for 3 seconds and recover to a vertical position.	II II II II III III III III	9:30–10 a.m. 10:10–10:40 a.m. 6–6:30 p.m. 6:40–7:10 p.m. 9:30–10 a.m. 10:10–10:40 a.m. 6-6:30 p.m. 6:40–7:20 p.m. 9:30–10 a.m. 10:10–10:40 a.m. 6-6:30 p.m. 6:40–7:10 p.m.	52004-1A 52004-1B 52004-1C 52004-1D 52004-2A 52004-2B 52004-2C 52004-2D 52004-3A 52004-3C 52004-3D
Level II Fundamental Aquatic Skills 30 minutes/Mon.—Thur. Participants must be able to demonstrate all the completion requirements of Level 1. The objective of Level 2 is to give participants success with fundamental skills. Exit Skills Assessment: Step from side into chest-dec water, move into a front float for 5 seconds, roll to back, float for 5 seconds then return to a vertical position. Move into a back float for 5 seconds, roll to front then recover to a vertical position. Push off and swim using combined arm and leg actions on front fo 5 body lengths, roll to back, float for 15 seconds, roll front then continue swimming for 5 body lengths.	II D III D III	9:30–10 a.m. 10:10–10:50 a.m. 6–6:30 p.m. 6:40–7:10 p.m. 9:30–10 a.m. 10:10–10:50 a.m. 6-6:30 p.m. 6:40–7:10 p.m. 9:30–10 a.m. 10:10–10:50 a.m. 6–6:30 p.m. 6:40–7:10 p.m.	52005-1A 52005-1B 52005-1C 52005-1D 52005-2A 52005-2B 52005-2C 52005-3A 52005-3B 52005-3C 52005-3D

Bryan Park Pool Lessons

SESSION

CLASS

Level III Stroke Development 30 minutes/Mon.—Thur. Participants must be able to demonstrate all the completion requirements in Level 2. The objectives of Level 3 are for participants to learn the survival float, the elementary backstroke and to coordinate the front crawl. They are introduced to the scissors kick and the dolphin kick and build on the fundamentals of treading water. Participants also learn rules for headfirst entries and begin to learn to enter the water headfirst from the side of the pool (if the water is 9' deep or deeper). Exit Skills Assessment: Jump into deep water from the side, swim front crawl for 15 yards, maintain position by treading or floating for 30 seconds and swim elementary backstroke for 15 yards.	I I II III III IIII	9:30–10 a.m. 6–6:30 p.m. 7:20–7:50 p.m. 9:30–10 a.m. 6–6:30 p.m. 7:20–7:50 p.m. 9:30–10 a.m. 6–6:30 p.m. 7:20–7:50 p.m.	52006-1A 52006-1B 52006-1C 52006-2A 52006-2B 52006-2C 52006-3A 52006-3B 52006-3C
Level IV Stroke Improvement 30 minutes/Mon.—Thur. Participants must be able to demonstrate all the completion requirements in Level 3. The objectives of Level 4 are to improve skills and increase endurance by swimming familiar strokes (front crawl, elementary backstroke) for greater distances. Students also continue to build upon the scissors kick and dolphin kick by adding the arms for sidestroke and butterfly. The back crawl and the breaststroke are introduced in Level 4, as well as the basics of turning at a wall. Exit Skills Assessment: Perform a feet-first entry into deep water, swim front crawl for 25 yards, change direction and position as necessary and swim elementary backstroke for 25 yards. Swim breaststroke for 15 yards, change direction and position as necessary and swim back crawl for 15 yards.	I III	7:20–7:50 p.m. 7:20–7:50 p.m. 7:20–7:50 p.m.	52007-1A 52007-2A 52007-3A
Level V Stroke Refinement 30 minutes/Mon.—Thur. Participants must be able to demonstrate all the course requirements in Level 4. The objectives of Level 5 are to coordinate and refine strokes. Participants refine their performance of all the strokes (front crawl, back crawl, butterfly, breaststroke, elementary backstroke and sidestroke) and increase their distances. Flip turns on the front and back are also introduced. Exit Skills Assessment: Perform a shallow-angle dive into deep water, swim front crawl for 50 yards, change direction and position of travel as necessary and swim elementary backstroke for 50 yards. Swim breaststroke for 25 yards, change direction and position of travel as necessary and swim back crawl for 25 yards.	I II III	7:20–7:50 p.m. 7:20–7:50 p.m. 7:20–7:50 p.m.	52008-1A 52008-2A 52008-3A
Level VI Swimming and Skill Proficiency 30 minutes/Mon.—Thur. Perform a shallow-angle dive into deep water, swim front crawl for 50 yards, change direction and position of travel as necessary and swim elementary backstroke for 50 yards. Swim breaststroke for 25 yards, change direction and position of travel as necessary and swim back crawl for 25 yards.	I II	7:20–7:50 p.m. 7:20–7:50 p.m. 7:20–7:50 p.m.	52009-1A 52009-2A 52009-3A
Adult Aquatics 30 minutes/Mon.–Thur.	I II III	7:20–7:50 p.m. 7:20–7:50 p.m. 7:20–7:50 p.m.	52010-1A 52010-2A 52010-3A



CODE

POOLS HOTLINE: (812) 349-3741

Pool prices—see page 5
Swimming lessons—see page 11
Weather cancellation policy—see page 11

Discover Scuba!

Experience the wonderful world of diving in a safe environment under the supervision of a PADI-certified instructor. Diving takes place in water 3' to 5' deep. Everything is provided but your swimsuit and towel. Participants ages 12–17 yrs. must have a parent/guardian present at all times; parents must sign a release form for Southern Indiana SCUBA and Bloomington Parks and Recreation.

Days	Date	Time	Location
Wed.	6/9	6–7 p.m.	Bryan Park Pool
Mon.	7/19	6–7 p.m.	Bryan Park Pool
Thur.	8/12	6–7 p.m.	Bryan Park Pool



Cost: Daily admission rates—\$2/Youth, \$2.50/Adult Ages: 12 yrs. and up

No registration necessary, but show up early as space is limited.



Private Pool Rentals

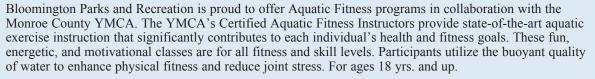
Bryan Park and Mills Pools are the perfect location for your summertime event, whether you're expecting 15 or 500 people. Rates include lifeguarding staff and customer service staff. Food and drink may be brought in but must remain in designated concession areas; alcoholic beverages are not permitted. Both pools are typically available from 7:30–10 p.m. on weeknights and 7:30–11 p.m. on weekends. For availability and reservations, contact the Parks and Recreation office at 349-3700. All reservations must be made in person at the Parks and Recreation office.

Bryan Park Pool

Mills Pool

Entire Pool Facility ... \$150/hour (Main pool, waterslide and Family Activity Area)

Aqua Fit





Weather cancellation policy: In case of inclement weather, the pools hotline (349-3741) will be updated with the status of aquatic classes. Classes will be cancelled for thunder, lightning, and extremely cool temperatures, but will meet in the rain. Cancelled classes will be made up during the two weeks following conclusion of the class.

Shallow Water Aqua Fit: Get your heart pumping and tone your muscles! This class challenges people at every fitness level. No swimming skills necessary.

Deep Water Aqua Fit: Get a great cardio workout while toning muscles and avoiding impact! Flotation belts are provided, but you need to feel comfortable in deep water.

Code	Day(s)	Date	Time	Register by	Cost in-city	Cost non-city	Location	Description
52011-A	Tue., Thur.	6/22-8/12	9–9:45 a.m.	6/21	\$75	\$90	Mills Pool	Shallow Water
52011-B	Sat.	6/26-8/14	10–10:45 a.m.	6/21	\$50	\$60	Bryan Park Pool	Deep Water



Healthy Heart Tip!

USE SUNSCREEN that's effective and safe. Make sure the SPF is 30 or higher. Buy new sunscreen every year and avoid powders and sprays.





The Parks and Recreation Department is committed to an inclusive approach to recreation. Inclusion is individuals with and without disabilities participating in recreational activities together. In order for individuals with disabilities to participate as fully as possible, reasonable accommodations are provided. Reasonable accommodations are individualized techniques and resources used to enhance program participation without fundamentally altering a program. Inclusion makes it possible for individuals to choose from the vast array of programs offered by Parks and Recreation.

How to request reasonable accommodation:

- 1. When you register, mark "yes" in the inclusive service request section. At least two weeks notification prior to the registration deadline for each program is required. In some cases reasonable accommodation may take longer.
- 2. Request and complete an inclusion questionnaire.
- 3. Inclusive Recreation Coordinator will contact participant to establish an individualized inclusion plan.

Leisure Companion Program



The Leisure Companion Program is a service in which participants with disabilities are partnered with a volunteer companion who provides additional support during participation in inclusive activities. The level of support varies according to the specific needs of each individual. **Leisure Companions are also needed to assist participants in Inclusive Recreation programs.** Contact Kim Ecenbarger at ecenbark@bloomington.in.gov or 349-3739 for details. To be partnered with a Leisure Companion, register for activities of interest and request a reasonable accommodation.

Special Olympics Indiana— Monroe County



Special Olympics Indiana—Monroe County offers year-round sports training and athletic competition for children (8 yrs. and up) and adults with intellectual, cognitive and learning disabilities. Special Olympics provides opportunities for athletes to develop physical fitness, demonstrate courage, experience joy and share gifts, skills and friendship with others in our community. Special Olympics Indiana—Monroe County is proud to work with nearly 200 Special Olympics athletes and their families. To find out if you or a family member are eligible to participate, call 325-1548 or e-mail specialolympics@kiva.net or write to P.O. Box 2554, Bloomington, IN 47402.

Special Olympics Indiana–Monroe County is also on the Web at www.specialolympicsmonroecounty.org. If you are interested in joining the County Management Team, contact Denise Brown at 325-1548.



Swimming Lessons

See page 11. Swimming lessons are inclusive for people with disabilities.



Fishing and summer camp are for kids of all abilities!



For more information contact our Inclusive Recreation Coordinator, a Certified Therapeutic Recreation Specialist, at 349-3747.

All Parks and Recreation programs are inclusive for people with disabilities!

ADVISORY COUNCIL

Meetings are scheduled on June 2 and August 4 from 4–5 p.m. at City Hall, Hooker Conference Room.

The public is welcome and encouraged to attend.



Saturdays

April-November 8 a.m.-1 p.m.

Tuesdays

June-September 4-7 p.m.

401 N. Morton St.

The Saturday Market

The Bloomington Community Farmers' Market takes place April through November in the Showers Common. Locally grown produce, annual and perennial plants, and a variety of prepared foods are available. Purchase your food directly from farmers and ask them questions about their products. Local entertainment adds to the shopping as well as socializing experience. Tantalizing scents and the inviting atmosphere may cause you to make the Market a weekend tradition. The Farmers' Market is smoke free. Restrooms are available in City Hall during Market hours. Dogs are NOT permitted at Market on the paved area of Showers Common (where the farm vendors are set up) or the Market Plaza on the B-Line Trail, but you can visit the adoptable pets from the City's Animal Shelter. For up-to-date information on product availability and the weekly entertainment schedule, visit our Web site at www.bloomington.in.gov/farmersmarket.

The Tuesday Market

Outdoor dining, live music, and fresh, locally grown produce make this a relaxing evening occasion to shop and mingle. The Tuesday Market is located next to Bloomingfoods Near West Side on Sixth and Madison Streets. It is scheduled from June through September from 4–7 p.m. at the height of the growing season.

The Market Accepts Food Stamp Benefits

You may use your Electronic Benefits Transfer (EBT) cards to exchange food stamp benefits for "Market Bucks". The Market Bucks are available in \$3 increments at the Parks and Recreation table during Market hours. Market Bucks can be used to purchase eligible food items including fresh, locally raised fruits, vegetables, eggs, honey, maple syrup, meat, cheese, and other dairy products from participating Market vendors.

Farmers' Market Gift Certificates

Who wouldn't enjoy receiving a gift certificate good for buying Market goods from almost all the vendors at the Bloomington Community Farmers' Market, including the artists in A Fair of the Arts? Gift certificates are available for purchase with cash or check at the Parks and Recreation information table at Market or in the Parks and Recreation main office, Suite 250 in City Hall, Monday–Friday from 8 a.m.–5 p.m. with cash, check, or credit card. Gift certificates are good for one year from date of issue.

Farmers' Market Advisory Council

The Farmers' Market Advisory Council consists of nine members representing Market customers and vendors. The Council acts in an advisory capacity to the Board of Park Commissioners and Park staff on policy matters relating to the Farmers' Market. Meetings are usually held at 5 p.m. the third Monday of each month in the Parks Conference Room, Suite 250 in City Hall and are open to the public. For more information, contact Marcia Veldman at 349-3738 or veldmanm@bloomington.in.gov.

Saturday Market Parking

Free Market Parking:

- · Located at City Hall in all Green, Red and IU "C" Permit spaces.
- On-street non-metered spaces (Parking is enforced on Saturdays.)

Pay Market Parking:

- On-street metered spaces (\$0.50/hour)
- Garage Market—entrance on Morton Street between Sixth and Seventh Streets (\$0.50/hour)



8 a.m.-1 p.m.

May 8 ♦ June 12 ♦ July 10 August 14 ♦ September 11

9 a.m.-1 p.m.

October 9

Showers Plaza Eighth and Morton Streets

AN ARTS AND FINE CRAFTS FAIR

Bloomington Parks and Recreation hosts the displays and demonstrations of visual arts and fine crafts by local and regional artists the second Saturdays of the Market season, May through October. Browse for beautiful and well-crafted objects at A Fair of the Arts, a celebration of art and community. For more information about A Fair of the Arts, call 349-3725.



Tomato Tasting Saturday, August 7 9–11:30 a.m.

Showers Common,

401 N. Morton St. For all ages • FREE

Experience the sizes, flavors, and colors of heirloom tomatoes the Bloomington Community Farmers' Market has to offer. Yellow, orange, purple, green—you'll be able to taste a kaleidoscope of colors. Try something other than the traditional red tomato.

Co-sponsored by Slow Food Bloomington.



Performing Arts Series

The Performing Arts Series offers the Bloomington community numerous opportunities to experience the talent of its local artists. Enjoy performances the Monroe County Courthouse lawn, and in Bryan Park, Third Street Park, and Peoples Park. Bring a lawn chair, a blanket, and a picnic basket and become immersed in the sights and sounds of the Performing Arts Series!

For up-to-the-minute information on weather-related cancellations, call the Bloomington Parks and Recreation Community Events Hotline at 349-3754.

Strawberry Shortcake Festival Concert

Thursday, May 13 * 11:30 a.m.-1 p.m. Monroe County Courthouse Lawn ◆ FREE

Held in conjunction with the Boys and Girls Club Auxiliary's Strawberry Shortcake Festival, 10:30 a.m.-2:30 p.m.

Performance group

Style

Sponsor ČFC, Inc.

The Kookamongas rock/blues/funk/country

Independence Day Concert

Saturday, July 3 ★ 11:30 a.m.–1 p.m. Monroe County Courthouse Lawn ◆ FREE

Performance group The Pirate Flags

Style songs of the sea

Sponsor The Herald-Times

Lisa Baker, DDS

Bloomingfoods

Associates of

Integrative Health

Smithville

Telephone

Bloomingfoods

Olympus Properties

Dillon Construction/

Stafford Music

Third Street Park

Fridays ◆ 7–8:30 p.m. ◆ FREE

Theatrical productions have a 7 p.m. curtain time. Style **Sponsor**

_	_	-
Per	formance	grou
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Monroe County Civic Theater

June 18 Jenn Cristy

soul-infused rock

Henry VIII

June 25 Kaia a capella world music

Gordon Bonham and Jim Richter duet electric and acoustic blues

July 9

Bloomington Symphony Orchestra

orchestral music

acoustic/electric blues

traditional band

July 16 roots/percussion dance

Fiddle 'N' Feet July 23 Elmo Taylor

July 30

Bloomington Community Band

September 10-13 Theatre of the People

The Sophocles Revival: Oedipus Rex and Antigone

Bryan Park

Sundays • 6:30–8 p.m. • FREE

~ 01110100 5	ore o prime	
Time/Performance group	o Style	Sponsor
July 11	•	•
Carlyn Lindsay and Snake Doctor	blues	Hoosier Tire & Retreading, Inc.
July 18		-
Davis and Devitt	acoustic original	Relish
July 25		
The Tides	wacky Caribbean	Lisa Baker, DDS
August 1		
Krista Detor	jaw-dropping folk	Wandering Turtle/ Bloomingfoods
August 8		C
King Bee and the Stingers	electric blues	Lisa Baker, DDS
August 15		
The Not Too Bad Bluegrass Band	classic bluegrass	The May Agency
August 22		
Jason Fickel and His Band	blues	Bloomingfoods
August 29		
Lazy Saints	modern folk/country jazz	Bloomington Realty



An outdoor concert in the park is the perfect way to enjoy a summer evening!







MAY IS NATIONAL BIKE MONTH

For more information contact Steve Cotter at 349-3736.

LEARN TO RIDE



May 11-13 and 18-20 • 4:30-5:30 p.m. For ages 5-9 yrs. w/parent • Bryan Park Pool parking lot

Participants learn how to confidently and safely ride their bikes through individual instruction, and also learn about bike maintenance, road safety and bike and helmet fittings. See page 21.



Tuesday, May 18 • 4-6 p.m. • FREE Summit Elementary School, 1450 W. Countryside Ln. For ages 4-12 yrs. w/parent.

A free, family event to entertain and educate children on cycling safety and the importance of wearing bike helmets. Participants can bike through an obstacle course, enjoy snacks and learn something new! Helmets provided for riders who need them. Bring your own bike. A few bikes will be available for use in the Rodeo.



Sponsored by: Bloomington Hospital, SAFE Routes to School

CYCLE-TO-SERVICE WEEKEND

May 21-23 • For ages 16 yrs. and up. Register by 5/19 (Code 54015-A)

Ride to your place of worship to save money, get in shape and help the planet. Bicycles are not only the most efficient form of transportation, they are also the most fun way to get around town.

NATIONAL BIKE-TO-WORK DAY

Friday, May 21 • Register by 5/19 (Code 54016-A)

Riding your bike to work is good for you and the planet. You can get to work and get a workout at the same time as you save money, reduce traffic congestion, cut your carbon footprint and have fun. Take part in Bike-to-Work Day and you'll be eligible for healthy food and fun prizes.

bloomington.



The Bloomington Board of REALTORS®, the City of Bloomington, and Indiana University have partnered to enter Bloomington in the 2010 America in Bloom competition. A team of judges from America in Bloom will visit Bloomington June 18 and 19. These judges will rate our city via a point system in eight different categories: floral displays, tidiness, landscaped areas, urban forestry, heritage, community, turf & groundcover, and environmental effort. During their two days in Bloomington, the judges will have the opportunity to see 85% of the city through a combination of walking and vehicle tours.

Two routes that transect the entire city have been planned. The routes include visits to more than 40 sites, some of which are full-fledged stops, some are pauses, and some are "passed on the route" while qualified tour guides point out specific information and details about the site.

To find out more about Bloomington in Bloom, see maps of the tour routes, or learn how you can be involved, visit www.BloomingtonInBloom.org.



Tuesday Lunch Concert Series 11:30 a.m.-1 p.m. • FREE

Stop by Peoples Park for a quick pick-me-up or a relaxing lunch break. Pack a brown bag snack or visit a downtown restaurant for carryout and enjoy your lunch with some of Bloomington's finest musicians. This year's series features some of our most cherished local artists, and welcomes several new performers.

- Sharlee Davis & Will Devitt July 27 Steve Sobiech (acoustic originals)
- May 11 Offramp Quartet (original modern jazz)
- May 18 Gordon Bonham Blues Band Aug. 10 Splinter Group (Delta blues and acoustic country)
- May 25 Zion Crossroads (dreadneck roots rock)
- June 1 Bated Breath (original blues rock)
- June 8 David Gohn Band (original roots/rock)
- June 15 Fortunate Son (roots/blues/retro)
- June 22 Craig & Lori Brenner (swing, jazz, blues)
- June 29 Andy Cobine & Danny Deckard Duo (jazz, blues, & bossa nova)
- Pan USA (interactive steel drum music)
- July 13 O2R Blues Band (blues/rhythm and boogie)
- July 20 Hornbones (trombones, classical, swing, jazz)

- (world guitar and Chapman Stick®)
- Aug. 3 Bobbie Lancaster (original singer/songwriter)
- (funky jazz)
- Aug. 17 Monika Herzig Acoustic Project (modern eclectic jazz)
- Aug. 24 Kid Kazooey & The Ballroom Roustabouts (story singing, dance music for young and young at heart)
- Aug. 31 Creek Dogs (lively tail-waggin' folk)
- Sept. 7 Lazy Saints (modern folk, country, jazz)
- Sept. 14 The Mizfits (acoustic jazz/blues)
- Sept. 21 Jason Fickel & His Band (blues)
- Sept. 28 Kaia (a capella world music)

Rain dates: October 5 and October 12

Movies in Bryan Park

Friday nights from Aug. 13-Sept. 10, Bloomington Parks and Recreation and The Ryder Film Series present *FREE* movies. Parents, please be aware that some of the movies may have a rating of PG-13. We request your assistance in determining if they are appropriate for your family.

Fridays • All showtimes are at 9 p.m.

Rain dates are the Saturday following a rainout.

Arsenic and Old Lace (1944—NR)

August 13

Sponsored by The May Agency

Raiders of the Lost Ark (1981—PG)

August 20

Sponsored by World Wide Automotive

Sabrina (1954—G) August 27

Sponsored by St. John, May, and Woolford

Hotel for Dogs (2009—PG) September 3

Sponsored by The Dog House

Labvrinth (1986—PG) September 10 Sponsored by Bloomington Transit



The annual Senior Expo, presented by Bloomington Parks and Recreation with partner Bloomington Hospital, features free health screenings for seniors, plus an expo hall filled with exhibitors with information about products and services available in Bloomington and Monroe County for seniors and their families.

Admission to Senior Expo is free, and includes live entertainment, a fashion show, and more! For more information or to be a part of the exhibit hall, contact Bev Johnson at 349-3773 or e-mail johnsobe@bloomington.in.gov.



June 1-August 24

Get your team of four or more together for some healthy competition! Register April 26-May 21 at www.activelivingcoalition.org.

The Wellness Challenge of Bloomington

The Wellness Challenge of Bloomington is a team-based initiative aimed at improving the wellness of the Bloomington community through an abundance of unique activities, seminars, and screenings. By creating "healthy" competition among teams, we encourage participants to improve their overall health as well as increase camaraderie in our community.

This challenge is a collaboration between Parks and Recreation and Bloomington Hospital. Churches, schools, neighborhoods, families, friends, and area businesses are encouraged to form teams and participate. Each month represents a healthy theme that provides a holistic approach to health and wellness.

Team captain meetings: Saturday, May 22 from 9-10 a.m. and Wednesday, May 26 from 6-7 p.m. at 333 E. Miller Dr. Captains are required to attend one of these meetings and other team members are encouraged to attend.



HOMEGROWN INDIANA FARM TOUR

Are you curious to see where the food you buy at Market originates? This educational experience provides some insight to the processes it takes to produce the bountiful harvests you see at the Market. You're sure to gain a greater appreciation for the work of farmers in this fast-paced world.

Spring tour: Sunday, May 23

A visit to the Chile Woman. Learn why she's committed to preserving chile biodiversity and how she manages to keep track of the 1,400 chile varieties she grows. Kids will enjoy meeting the Jacob's sheep, who serve as the lawn mowers, and the llama who guards them.

Summer tour: Sunday, July 18

A leisurely day-long adventure visiting several farms that culminates in a dinner featuring locally raised food, made by Gregg "Rags" Rago from Nick's English Hut and Jeff Finch from Finch's Brasserie.

Fall tour: Sunday, October 3

This tour takes you to Capriole Farm, a southern Indiana hill farm with hundreds of goats and award-winning cheeses.

For detailed information, visit the Web site or contact Marcia Veldman at 349-3738 or veldmanm@bloomington.in.gov.

Co-sponsored by the Local Growers Guild, Bloomingfoods, and Slow Food Bloomington.



Wednesday, June 9 ◆ 10 a.m.–2 p.m. \$1/per person • Geared toward ages 1–10 yrs. Twin Lakes Sports Park—Additional parking is available at the Twin Lakes Recreation Center.

If you are dazzled by shiny chrome and large tires, trucks with lifts and loud horns, and machines that dump loads of dirt or rock or fly in the sky, then put your imagination in gear for the 10th annual Touch a Truck. Youngsters and curious adults will have an opportunity to get up close and personal with their favorite big rig! Explore, discover, and possibly climb on fire trucks, school buses, motorcycles, and many other vehicles. For more information, call Lynsie Burton at 349-3718.

Rain date: June 10

Independence Day! 🗹

Independence Day Parade

Saturday, July 3 * 10 a.m. • \$15 entry fee Applications due no later than Monday, June 14 at 5 p.m.

Applications are being accepted for entries into the Independence Day Parade hosted by Bloomington Parks and Recreation and Downtown Bloomington, Inc.! The theme for this year's parade is "The Spirit of Bloomington!" We encourage floats, bands and musical groups, walking groups, equestrian groups, classic cars, and other entries that show your Bloomington spirit! Feel free to give us a call and we can help give you more ideas! There are limited spots available so ensure your place by applying early! The Parade is sponsored by the American Legion Burton Woolery Post 18. Contact Bill Ream at reamw@bloomington.in.gov or 349-3748 for a parade application.



Independence Day Festivities

Saturday, July 3 * 9 a.m.-1 p.m. Monroe County Courthouse lawn • FREE

Join your friends and neighbors downtown for entertaining performances by local musicians and, of course, the annual parade! The parade and festivities are brought to you by Bloomington Parks and Recreation and Downtown Bloomington, Inc., and are sponsored by the American Legion Burton Woolery Post 18.

Time

Performance/event

9 a m 10 a.m. **Bloomington Community Band** Independence Day Parade Parade Awards

11:15 a.m. 11:30 a.m.

The Pirate Flags perform immediately following the awards ceremony. (Sponsored by The Herald-Times)

Independence Day Window Contest

Draw attention to your storefront with a spectacular window display for the Independence Day Parade. The theme for the contest and parade is "The Spirit of Bloomington." Applications will be available starting May 24. Voting will take place July 2, and the winner will be announced during awards after the parade.

Prizes will be awarded as follows:

- Best use of theme
- Best overall window
- Best use of red, white and blue

For more information or to receive an application, contact Lynsie Burton at 349-3718 or burtonl@bloomington.in.gov.



Celebrate summer and the Twin Lakes Recreation Center's one-year anniversary as part of the Bloomington Parks and Recreation Department at the Summer Jamboree! Kick off vour healthiest and most active summer ever at the TLRC with soccer, basketball, and volleyball for the whole family, plus ongoing contests, relays and prizes. There are arts and crafts for kids, too, plus obstacle courses and a bounce house. Everyone can register to win fantastic door prizes!

See you at the Summer Jamboree!

June 4 ♦ 6:30-9 p.m. For all ages.

FREE for TLRC members: \$2 for non-members. Ages 2 yrs. and under FREE.

For more information, call 349-3720.



Wednesday, July 21 • 11 a.m.–3 p.m. Rev. Ernest D. Butler Park

Do all those gooey art activities your kids love! Bring your preschooler and join in the messy fun. Kids can have a snack, get their faces painted, make slime, paint with pudding, and enjoy arts and crafts.

Cost: \$5/child • Ages: 2-6 yrs. w/parent **Group Registration:** Discount for groups. Groups must register and set up a time in advance to receive discounted rate.

For more information or to pre-register your group of 10 or more, call Karen Serfling at 349-3746.



V

Saturday, August 21 • 8-Noon

Bryan Park—Woodlawn Avenue parking lot • FREE

Find everything you are looking for at the third annual Junk in the Trunk community rummage sale.

Recycle, reuse, barter, or trade from this convenient one-location, multi-person sale.

Last year's items included lawn equipment, antiques, clothes, and much more. Come see what you can find!

Junk in the Trunk vendors:

Junk in the Trunk vendor spaces are \$15 per vehicle. Vendors will be assigned one slot to park in and one to set up sales. Information packets can be picked up at the Bloomington Parks and Recreation Department office. Register by 8/18. For more information, call Lynsie Burton at 349-3718.



Dogs have their day at the annual Drool in the Pool.



Prool in the Pool

Wed., September 1 Thur., September 2 5-8 p.m. • For all ages. at Bryan Park Pool \$5/dog

(max. 1 dog per person)



See Spot swim at the sixth annual dog paddle pool event. Bring your four-legged friend for two refreshing evenings. The first evening is strictly dog paddling. The second evening is filled with activities including giveaways and splashtacular contests. Information and giveaways from various organizations are available during the second night only. Dog guards are on duty to supervise any dogs gone wild.

Both Limestone Lagoon and the main pool up to 4' are open for all dogs to enjoy (deep end is closed.)

All leashed, well-behaved dogs are welcome. Humans are not allowed to swim during Drool in the Pool. Help us keep the water clean. Prior to the event engage your dog in a high-energy activity to avoid feces in the water. Dogs are required to be at least six months of age. No retractable leads or dogs in heat, please. We reserve the right to dismiss any dog for unruly or aggressive behavior.

OWNERS MUST PROVIDE WRITTEN PROOF FROM A VETERINARIAN SHOWING THEIR DOG'S CURRENT RABIES VACCINATION TO ATTEND.

Indiana law requires that the rabies vaccination tag be worn at all times.

All dogs will be checked on site by City of Bloomington

Animal Control. Dogs without written current proof of rabies vaccination will not be allowed in the event. Just a tag is not sufficient!

To move faster through line, download and complete registration materials from our Web site prior to the event.

Music and Dance

Family Music Time

Family Music Time brings children and adults together to provide a dynamic and integrated learning experience. Families sing, dance and move their way through an exploration of several elements of music. Activities include fingerplays, songs, circle dances, story time, and family jam. Family "together time" is celebrated and cherished. What better way to build family bonds than to sprinkle music and movement throughout your day?

Code Day(s) Date(s) Time Register by 57502-A Wed. 6/2-7/21* 10:30-11:15 a.m. 6/2

Cost: \$60/in-city, \$70/non-city (6 classes)

Ages: 1–7 yrs. w/parent

Location: Twin Lakes Recreation Center

Instructor: Lisa Bruns

Other: *Class does not meet 6/16 or 6/23.

Living and Learning

Preschool programs at the Family Resource Center, located on the third floor of the Banneker Community Center



Toy Time for Babies

Bring your baby and play! Meet other parents, play with a variety of toys and enjoy our third floor Family Resource Center. Siblings up to age 5 yrs. are welcome.

Cost: FREE

Ages: Newborn–5 yrs. w/parent Mondays, 10 a.m.–Noon

Toy Time for Toddlers

Bring your toddler and play! Walk, jump or hop into our spacious third floor Family Resource Center. Meet other parents and play with a wide variety of toys geared toward active toddlers. You will also find educational materials on the latest topics in child development. Younger siblings welcome!

Cost: FREE

Ages: 2–5 yrs. w/parent

Time: Thursdays, 2:30–4:30 p.m.

Say It In Spanish

Each Thursday the Family Resource Center hosts this popular learning time for preschoolers. Nancy Soto sings, reads, and plays with the little ones while immersing them in the Spanish language.

Cost: FREE

Ages: 1–5 yrs. w/parent

Time: Thursdays; First session runs from 10–10:30 a.m.

and repeats from 11-11:30 a.m.



Leapin' Literature Story Hour

Literature comes alive on the second Wednesday of the month with a story, crafts, and games. Each Story Hour has a theme and planned activities.

Dates: 5/12 May Flowers

6/9 June Bugs7/14 Busy Summer Days8/11 Back to School

Cost: FREE

Ages: 2–5 yrs. w/parent
Time: Wednesdays, 10–11 a.m.
Location: Banneker Community Center

Signing Babies

Sign a song of bears, balls, or bubbles! Watch—can your hands say "music" to the beat? Use the power of music and play to create unique opportunities to share ASL signing with your child. Signing with young, hearing babies and children enriches their interactions, relieves frustration, and gives you fascinating insights into your little one's thoughts and preferences. Signing facilitates early speech, vocabulary, and memory development. Through songs, toys, and playtime, this class will teach more than 50 signs children can use to "talk" with parents.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 57504-A
 Wed.
 6/2-7/21*
 9:30-10:15 a.m.
 6/2

Cost: \$60/in-city, \$75/non-city (6 classes)

Ages: 6–24 mos. w/parent

Location: Twin Lakes Recreation Center

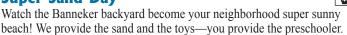
Instructor: Lisa Bruns

Other: Class includes the book Sign Language for Babies and

Toddlers by Christopher Brown and John Clements.

*Class does not meet 6/16 or 6/23.

Super Sand Day



Date: 6/22 **Time:** 10–11:30 a.m.

Cost: FREE

Ages: 2–5 yrs. w/parent

Location: Banneker Community Center

Planes, Trains, and DADDYmobiles

Ready, set, go with a pile of wood scraps and creative energy! Dads, grandads, uncles, and men bring your sons and daughters for an evening of designing, hammering, and building! Materials are included and a snack is provided.

Code
57503-ADay(s)
Tue.Date(s)
7/6Time
6-7 p.m.Register by
7/6

Cost: \$5/child Ages: 3–5 yrs. w/parent

Location: Banneker Community Center

Messy Mania

See page 18.

Wacky Water Fun

Splish, splash, it's better than a bath. Toddlers wear swimsuits or swimming diapers and play in our kiddie pools. Enjoy the summer sun while toddlers play together and enjoy fun and wacky water toys.

Date: 8/6

Time: 10–11:30 a.m. **Cost:** FREE

Ages: 2–5 yrs. w/parent

Location: Banneker Community Center



Sports and Fitness



Sport Shorties/Tee Ball Shorties

Experience the FUNdamentals of team sports at an early age. Sport "Shortie" participants learn the basic skills of baseball in a fun and safe atmosphere. Parent participation is welcomed and encouraged. Games and practices will be held at the Lower Cascades softball fields. In case of inclement weather call the Sports Hotline at 349-3610. No games on May 29.

Code	Day(s)	Date(s)	Time	Ages
47512-A	Sat.	4/24-6/5	TBD	3–4 yrs.
				w/parent
47512-B	Sat.	4/24-6/5	TBD	5–6 yrs.
				w/parent

Cost: \$40/in-city, \$50/non-city (2 practices, 4 games)

Price includes T-shirt.

Register by: 4/16

Location: Lower Cascades Park

Other: Teams will be determined after the registration deadline.

Parents will be notified of team placement by phone prior to season. For program questions contact the Banneker

Community Center at 349-3746.

Volunteer coaches needed: If interested in coaching, contact Kim Ecenbarger at 349-3739

or ecenbark@bloomington.in.gov.

Coaches Orientation: April 21 from 6–7 p.m. at

the Banneker Community Center.

Stroller March

See page 34.

Bike Rodeo

See page 16.

Sport Shorties Fall Ball

Sport Shorties athletes learn the basic skills of team sports in a fun and safe recreational atmosphere. Teams will be determined after the registration deadline. Parents will be notified of team placement and practice times by phone prior to the beginning of the season. Include special requests on registration form. Times TBD.



Code	Day(s)	Date(s)	Register by	Ages
57505-A	Sat.	9/11-10/16	9/3	3-4 yrs. w/parent
57505-B	Sat.	9/11–10/16	9/3	5–6 yrs. w/parent
Week 1: So Week 2: So		O	Week 4: Tee	ball games ketball skill building
W CCR 2. DO	secer game	J. D.	WCCK 3. Dust	www.skiii builaing

Week 3: *Tee ball skill building* Week 6: *Basketball games*Cost: \$45/in-city, \$55/non-city—Price includes T-shirt.

Location: Twin Lakes Recreation Center

Other: For program questions, call Karen Serfling at 349-3746.

Volunteer coaches needed: If interested in coaching, contact Kim Ecenbarger at 349-3739 or

ecenbark@bloomington.in.gov.

Coaches orientation session: Sept. 7 from 6-7 p.m. at

the Twin Lakes Recreation Center.

Living and Learning

Summer Food and Fun at Banneker

Looking for a good meal and some family fun activities? The Banneker Community Center serves a nutritious dinner Monday–Friday at 5:30 p.m. throughout the summer months. After dinner, stick around and participate in our drop-in activities.

 Day
 Date(s)
 Time
 Ages

 Mon.-Fri.
 6/7-8/6
 5:30-6:30 p.m.
 18 yrs. and under

Cost: Children 18 yrs. and under eat free; adult meals are \$2. Location: Banneker Community Center

Children 10 yrs. and up may stay to participate in drop-in activities. Children under age 10 yrs. must be accompanied by an adult to stay after dinner. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue SW, Washington, DC 20250-9410 or call (202)720-5964. USDA is an equal opportunity provider and employer.

Storm Drain Marking

Other:

Storm drains have been misused as a place to dump waste materials. Help protect our community's water and the environment by participating in the City's Storm Drain Marking program. We are partnering with the Monroe County Public Library during their Summer Reading Program on water, "Make a Splash!"

Day(s) Date(s) Time Tue. 7/27 2-3:30 p.m.

Cost: FREE— To register, call MCPL Children's Services at

349-3100 or visit http://mcpl.info/childrens/programs.html.

Ages: 8–12 yrs.

Location: Monroe County Public Library, 303 E. Kirkwood Ave.

Instructor: Kriste Lindberg

Sports and Fitness



LEARN TO RIDE

Beginners—Spend the entire summer cruising on your bicycle after this kickoff to Bloomington Bikes Week. Participants learn how to confidently and safely ride their bikes through individual instruction, and will also learn about bike maintenance, road safety and proper bike and helmet fittings. Each participant receives a free bike helmet and must bring a bicycle without training wheels. Parents are encouraged to participate, and must remain on site. Class will be rescheduled in case of inclement weather.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 47511-A
 Tue.-Thur.
 5/11-5/13
 4:30-5:30 p.m.
 5/10

 47511-B
 Tue.-Thur.
 5/18-5/20
 4:30-5:30 p.m.
 5/17

Cost: \$30/in-city, \$35/non-city (3 classes)

Ages: 5–9 yrs. w/parent

Location: Bryan Park Pool parking lot

Instructor: Raymond Hess



Sports and Fitness



Junior Golf Clinic

See page 30.

Junior Golf Camp

See page 26.

Banneker Summer Swim

When summer heats up, cool off with us at Mills Pool. Enjoy water basketball, slide down the 57' drop slide, or just relax in the family activity pool.

 Day(s)
 Date(s)
 Time

 Wed.
 6/17
 7-8:30 p.m.

 Wed.
 7/15
 7-8:30 p.m.

Cost: FREE

Ages: For all ages. Children under age 10 yrs. must attend

with a parent.

Location: Mills Pool

Banneker Summer Skate

Join the Banneker Community Center staff at Western Skateland for monthly skate nights during June and July.

 Day(s)
 Date(s)
 Time

 Wed.
 6/24
 6:30-8:30 p.m.

 Wed.
 7/22
 6:30-8:30 p.m.

Cost: FREE
Ages: For all ages.

Location: Western Skateland, 930 W. 17th St. **Other:** Sponsored by Bloomington Hospital.





Hook A Kid on Golf

June 7–11 • 8:30 a.m.–Noon • Cascades Golf Course Limited to 40 participants. Apply online or in the main office. Code 43503-A • For more information, call 349-3764.

Hook A Kid on Golf is a national golf skill development program that gives youngsters, who normally would not have the opportunity, a complete introduction to the sport of golf without any of the costs that are associated with the sport.

Bloomington Hospital

Hook A Kid on Golf is presented with support from the United States Golf Association, Golf Course Superintendents Association of America, PGA Tour, PGA of America, the National Golf Foundation, and the LPGA. This program covers all aspects of golf including rules and etiquette, course maintenance and drug prevention talks.

Hook A Kid on golf is administered by the National Alliance for Youth Sports (NAYS), a 501-C-3 nonprofit organization with a mission to improve the quality of sports for children.

To be eligible, a child must:

- Be between ages 8–15 yrs.
- · Have never played golf before
- Not own a set of golf clubs

Each child receives:

- A week-long introductory clinic, including a golf outing with his or her sponsor
- · A free Hook A Kid on Golf T-shirt
- New starter set of clubs and custom bag
- · Golf balls, cap, and membership bag tag
- · Miscellaneous golf accessories

Each Hook A Kid on Golf participant is sponsored by local community members and organizations. For more information about becoming a \$125 sponsor and introducing a child (including your own) to the lifelong game of golf, contact Cascades Golf Course at 349-3764.



Youth Tennis Lessons

Participants ages 14-17 yrs. may be asked to move to the adult classes if skills are more advanced. Classes meet twice each week for four weeks. Instructors are accomplished players and trained through the USPTA curriculum. Typical student-to-teacher ratio is 5:1. **For more information call 349-3762.**

Winslow Sports Complex, 2301 S. Highland Ave.

Summer Session I: May 31-June 24

Cost: \$38/in-city, \$46/non-city

Register by: 5/27

Code	Age	Level	Days	Time
57201-1A	9–12 yrs.	Beginner	Mon./Wed.	4–5 p.m.
57201-1B	9–12 yrs.	Beginner	Mon./Wed.	5–6 p.m.

Summer Session II: July 5–29

Cost: \$38/in-city, \$46/non-city

Register by: 7/1

Code	Age	Level	Days	Time
57201-2A	9–12 yrs.	Beginner	Mon./Wed.	4–5 p.m.
57201-2B	9–12 yrs.	Beginner	Mon./Wed.	5–6 p.m.

Park Ridge East, 4221 E. Morningside Dr.

Summer Session I: May 31-June 24

Cost: \$38/in-city, \$46/non-city

Register by: 5/27

Code	Age	Level	Days	Time
57201-1C 57201-1D	6–12 yrs. 6–12 yrs.	Beginner Intermediate	Mon./Wed. Mon./Wed.	9–10 a.m. 10–11 a.m.
3/201 1D	0 12 y15.	michinediate	mon., wea.	10 11 4.111.

Summer Session II: July 5–29

Cost: \$38/in-city, \$46/non-city

Register by: 7/1

Code	Age	Level	Days	Time
57201-2C	6–12 yrs.	Beginner	Mon./Wed.	9–10 a.m.
57201-2D	6–12 yrs.	Intermediate	Mon./Wed.	10–11 a.m.

Private Tennis Lessons

If group lessons are not your style or if you like more personalized attention, private lessons are available from our group instructors. Times are flexible. For more information, call 349-3762.

Play Tennis Throughout The City

Public play at Winslow Sports Complex, Bryan Park, Southeast Park, Park Ridge East, Sherwood Oaks, and RCA Park is permitted whenever courts are not being used by City of Parks and Recreation. Available hours are posted at each site.

Bryan Park, 1001 S. Henderson St.

Summer Session I: May 31-June 24

Cost: \$38/in-city, \$46/non-city

Register by: 5/27

Code	Age	Level	Days	Time
57201-1E	5–6 yrs.	Beginner	Tue./Thur.	8–9 a.m.
57201-1F	7–8 yrs.	Beginner	Tue./Thur.	8–9 a.m.
57201-1G	13–16 yrs.	Beginner	Tue./Thur.	9–10 a.m.
57201-1H	9–12 yrs.	Beginner	Tue./Thur.	9–10 a.m.
57201-1I	13–16 yrs.	Intermediate	Tue./Thur.	10–11 a.m.
57201-1J	13–16 yrs.	Jr. Development	Tue./Thur.	10–11 a.m.
57201-1K	5–8 yrs.	Beginner	Mon./Wed.	9–10 a.m.
57201-1L	9–12 yrs.	Beginner	Mon./Wed.	10–11 a.m.

Summer Session II: July 5–29

Cost: \$38/in-city, \$46/non-city Register by: 7/1

Code	Age	Level	Days	Time
57201-2E	5–6 yrs.	Beginner	Tue./Thur.	8–9 a.m.
57201-2F	7–8 yrs.	Beginner	Tue./Thur.	8–9 a.m.
57201-2G	13–16 yrs.	Beginner	Tue./Thur.	9–10 a.m.
57201-2H	9–12 yrs.	Beginner	Tue./Thur.	9–10 a.m.
57201-2I	13–16 yrs.	Intermediate	Tue./Thur.	10–11 a.m.
57201-2J	13–16 yrs.	Jr. Development	Tue./Thur.	10–11 a.m.
57201-2K	5–8 yrs.	Beginner	Mon./Wed.	9–10 a.m.
57201-2L	9–12 yrs.	Beginner	Mon./Wed.	10–11 a.m.





Healthy Heart Tip!

Choose foods and beverages that do not have sugar and caloric sweeteners as one of the first ingredients.



2010 Summer Comps

Kid City is ACA Accredited!

All Kid City programs are proud to be accredited by the American Camp

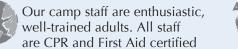
american AMP association to ACCREDITED

Association. This nationally recognized accreditation focuses on program quality, health and safety issues, and requires us to review every facet of our operation. Kid City has voluntarily submitted to this independent appraisal done by camp experts and has earned this mark of distinction.

Session A:June 3-4*Session E:June 28-July 2Session I:July 26-30Session B:June 7-11Session F:July 5-9Session J:August 2-6Session C:June 14-18Session G:July 12-16Session K:August 9-13Session D:June 21-25Session H:July 19-23Session L:August 16-17*

Camp	Grades 2010-2011 year	Sessions	Times	Location	Weekly Cost/City	Weekly Cost/Non-City
Kid City Original	K-4	A–L	7:30 a.m.–6 p.m.	Allison-Jukebox Comm. Center	\$135	\$140
Kid City Quest	5–7	A–L	7:30 a.m.–6 p.m.	Banneker Community Center	\$135	\$140
Teen X-treme	8–10	A, B, C, D, F, G, H, J	8 a.m.–5 p.m.	Rhino's Youth Center	\$150	\$155
Teen X-treme Travel	8–10	Е, І	OVERNIGHT 7:30 a.m. Monday– 6 p.m. Friday	Rhino's Youth Center and travel to Kentucky or Illinois	\$330	\$335
CIT Program	8–10	A–K	7:30 a.m.–6 p.m.	Banneker Community Center	\$80	\$85

- * Sessions A and L are two days. The cost for these sessions is prorated. Kid City Quest will be at the Allison-Jukebox Community Center during session L.
- A non-refundable deposit of \$15 per session per child is due at the time of registration. This deposit is applied to the session fee.
- Session registrations and payments are due in full by 5 p.m. the Monday prior to the start of a selected session. Failure to pay in full by the
 deadline will result in forfeiture of deposit and reserved space.
- Participants who are not registered by the registration deadline will be assessed a \$15 administration fee.
- Registrations are accepted by walk-in at the Parks and Recreation office or by mail at 401 N. Morton, Ste. 250, Bloomington, IN 47404.
 If your child is already registered for camp, credit card payment can be made over the phone at 349-3700 or online at www.bloomington.in.gov/parks.
- Kid City health and registration forms can be downloaded from www.bloomington.in.gov/parks.



and adhere to the highest professional standards set forth by the American Camp Association and Parks and Recreation.



Parents are responsible for transporting their child/ren to and from camp each day. Once at

camp, City buses and passenger vans will be used to transport campers to and from field trips that are not within walking distance. Only trained, licensed drivers transport campers.



Please bring: a sack lunch and water bottle, a swimsuit and towel, and any special

sunscreen, bug spray or medications. We recommend providing your camper with a durable backpack to carry these items. **Do not bring: money, toys or cell phones.**

June Camp Themes				
Monday	Tuesday	Wednesday	Thursday	Friday
			3	4
			SESSION Ariginal theme: -treme theme:	
7	8	9	10	11
]	Kid City Origin	SESSION B nal theme: You theme: Advent		1
14	15	16	17	18
SESSION C Kid City Original theme: Taste of Kid City Teen X-treme theme: Caving				
21	22	23	24	25
SESSION D Kid City Original theme: Adventures All Around Us Teen X-treme theme: Wilderness Survival				
28	29	30		
SESSION E Kid City Original theme: Spectacular Sports Teen X-treme Travel theme: Red River Gorge, KY				

	Tuly Camp Themes					
	Monday	Tuesday	Wednesday	Thursday	Friday	
				1	2	
		SES	SION E (conti	inued)		
Ī	5	6	7	8	9	
			SESSION F nal theme: We theme: Expe			
	12	13	14	15	16	
	SESSION G Kid City Original theme: Forest Friends Teen X-treme theme: Water Sports					
Ī	19	20	21	22	23	
	SESSION H Kid City Original theme: Magical, Musical Fun Teen X-treme theme: Climbing					
	26	27	28	29	30	
			SESSION I al theme: Fairs ravel theme: S			

Kid City Original

"If we ran the world ..." At Kid City Original, a new experience awaits your child every day! Campers explore the world around them with field trips and special events. Daily programs give campers the chance to try specialized activities in the areas of nature, the outdoors, sports, games, arts, and media. As always, our unique weekly themes provide something fun for everyone! We give every child a summer to remember.

Kid City Quest

Choose something great this summer! Kid City Quest campers design their own program experience through Choice Exploration (activity options that differ from the usual camp fare). In addition, campers experience field trips, splash the summer away swimming, and learn more about themselves and their friends through team time!

Teen X-treme

Feed your adventurous spirit this summer with Teen X-treme! Pick the weeks that match your interests or try something brand new. Each session participants will have the opportunity to use the Low Ropes Challenge Course or participate in team-building activities.

Teen X-treme Travel

Spend five days exploring the state parks, adventure sites and natural areas of Indiana and surrounding states. These overnight camping excursions each have a different focus and destination, but they all provide an incredible adventure experience!

College for Kids

Ivy Tech Community College—Bloomington is teaming up with Bloomington Parks and Recreation's Kid City summer camp program to bring four unique week-long camps to participants ages 11–14 yrs. Ivy Tech offers fun college-style classes in the morning and then transports campers to Rhino's Youth Center to meet the Kid City staff for an afternoon of games, field trips, or swimming. Campers enjoy a variety of program choices as well as favorites such as Radical Robots, and Lights, Camera, Action! For questions about afternoon camp sessions, call 349-3731.

Register through Ivy Tech Community College. For more information about Ivy Tech class sessions, call 330-6041.

June 7-11—Register by 6/1 June 14-18—Register by 6/7 June 21-25—Register by 6/14 June 28-July 2—Register by 6/21

Cost: \$180, \$90 per 1/2 day Time: 8:30 a.m.-6 p.m. Ages: 11–14 yrs.

Location: Ivy Tech Bloomington Campus,

200 Daniels Way and Rhino's Youth Center,

327 S. Walnut St.

IVY TECH COMMUNITY COLLEGE BLOOMINGTON

August Camp Themes

		•			
Monday	Tuesday	Wednesday	Thursday	Friday	
2	3	4	5	6	
		SESSION J			
	Kid City Oria	inal theme: Te	Il Me a Storv		
		ne theme: Outo			
9	10	11	12	13	
SESSION K Kid City Original theme: Wild, Wild West					
	ION L ginal theme: o Summer	Back to 18 School			

Is my child ready for camp?

In order to support the success and safety of all individuals registered and participating in the Bloomington Kid City summer camps, it is important that participants are indeed "Camp Ready." To assist in determining if your child is "Camp Ready," the following criteria have been developed:

- ✓ Participant is age appropriate (ages 4–17 yrs.) Participants may be aged up or down by one grade level.
- ✓ Participant is able to use the restroom independently or with minimal verbal prompting.
- ✓ Participant is able to take direction and instruction from a staff person.
- ✓ Participant is comfortable with, and able to interact in, a group environment.
- Participant is able to participate in the camp program independently or with reasonable accommodations.
- Participant interacts and participates in camp in a manner that is physically and emotionally safe for themselves and others.

Our camps are inclusive, serving children with and without disabilities. Inclusion services are available for accommodation needs and support options for your child. Reasonable accommodation requests and registration must be made at least two weeks prior to the start of the camp session. For more information, contact the Inclusive Recreation Coordinator, Amy Shrake, CTRS, at 349-3718 or shrakea@bloomington.in.gov.

Kid City Parent Open House

Wed., May 26 • 7–8:30 p.m. Allison-Jukebox Community Center

Find out all you want to know about Bloomington Parks and Recreation's Kid City summer camps! Meet camp staff and other camp parents, and learn more about the American Camp Association's accreditation program and how it benefits YOUR child.

For more information, contact Tim Pritchett at 349-3728.

Grant funding to support inclusion opportunities in Kid City Summer Camps provided by:



Grant funding to support additional scholarships provided by:





Skateboarding Mini-Camp

Back by popular demand! Skateboarders of all levels can perfect their street and vert skating skills in a fun and safe atmosphere.

Code	Day(s)	Date(s)	Time	Register by
57202-A	Mon., Wed., Fri.	6/7-6/18	8-10:30 a.m.	6/4
57202-B	Mon., Wed., Fri.	7/12-7/23	8-10:30 a.m.	7/2

Cost: \$50/in-city, \$55/non-city

Ages: 7–12 yrs.

Location: Upper Cascades Skate Park

Instructor: William Lee

Other: Each camper must wear a helmet, such as

a bicycle helmet. Elbow, knee and wrist protection is strongly encouraged.



Youth Sailing Camp

Co-sponsored by Bloomington Parks and Recreation and the Lake Monroe Sailing Association, these lessons teach safe sailing skills to participants who can swim. No previous sailing experience is required. For sailing details, call LMSA at 824-4611. For registration information, call 349-3700.

Code	Day(s)	Date(s)	Register by	Level
57691-A	MonFri.	6/7-6/11	6/1	Beginning
57691-B	MonFri.	6/14-6/18	6/8	Beginning
57691-C	MonFri.	6/21-6/25	6/15	Intermediate
57691-D	MonFri.	6/28-7/2	6/22	Beginning
57691-E	MonFri.	7/12-7/16	7/6	Beginning
57691-F	MonFri.	7/19-7/23	7/13	Intermediate
57691-G	MonFri.	7/26-7/30	7/20	Advanced
57691-H	MonFri.	8/2-8/6	7/27	Intermediate

Cost: \$180/participant. Ten percent discount for LMSA members

Optional manual is available for \$5 from LMSA.

Time: 9 a.m.–3 p.m. **Ages:** 9–16 yrs.

Location: LMSA, 7600 S. Shields Ridge Rd.

Other: Age ranges given are guides only. Special arrangements

may be made, depending on experience and class

availability.

Junior Golf Camp

Cascades staff provides a learning atmosphere with daily lessons on golf rules, etiquette, putting, chipping, and using irons and woods. Drinks are provided; snacks are available for purchase from the pro shop. On Fridays, campers play nine holes at Cascades and enjoy a lunch cookout.

Code	Day(s)	Date(s)	Time	Register by
53502-A	MonFri.	6/14-6/18	8:30 a.mNoon	6/7
53502-B	MonFri.	6/21-6/25	8:30 a.mNoon	6/14
53502-C	MonFri.	6/21-6/25	5–8:30 p.m.	6/14
53502-D	MonFri.	6/28-7/2	8:30 a.mNoon	6/21
53502-E	MonFri.	7/5-7/9	8:30 a.mNoon	6/28
53502-F	MonFri.	7/12-7/16	8:30 a.mNoon	7/5
53502-G	MonFri.	7/19-7/23	8:30 a.mNoon	7/12
53502-Н	MonFri.	7/19-7/23	5–8:30 p.m.	7/12
53502-I	MonFri.	7/26-7/30	8:30 a.mNoon	7/19
53502-J	MonFri.	8/2-8/6	8:30 a.mNoon	7/26

Cost: \$60/in-city, \$65/non-city

Ages: 8–17 yrs.

Location: Cascades Golf Course

Instructor: Todd Fleener



Junior Rangers

This week-long, half-day camp explores our natural world and all the amazing things that go with it.

Session I—For ages 10–13 yrs.

Take nature exploration to the next level by learning canoeing, orienteering, wildlife observation, survival skills, and more. Friday offers a team challenge incorporating the lessons learned throughout the week.

Session II—For ages 7–9 yrs.

Campers will learn to appreciate nature through nature journaling, wildlife observation, and sensory activities. We'll have fun exploring the forest, learning to canoe, and using a map and compass.

Code	Day(s)	Date(s)	Ages	Register by
54008-A	MonFri.	6/14-6/18	10–13 yrs.	6/6
54008-B	Mon.	6/14	10–13 yrs.	6/6
54008-C	Tue.	6/15	10–13 yrs.	6/6
54008-D	Wed.	6/16	10–13 yrs.	6/6
54008-E	Thur.	6/17	10–13 yrs.	6/6
54008-F	Fri.	6/18	10–13 yrs.	6/6
54008-G	MonFri.	6/28-7/2	7–9 yrs.	6/20
54008-H	Mon.	6/28	7–9 yrs.	6/20
54008-I	Tue.	6/29	7–9 yrs.	6/20
54008-J	Wed.	6/30	7–9 yrs.	6/20
54008-K	Thur.	7/1	7–9 yrs.	6/20
54008-L	Fri.	7/2	7–9 yrs.	6/20

Cost: Weekly: \$70/in-city, \$80/non-city

Daily: \$15/in-city, \$17/non-city

Time: 9 a.m.—Noon

Location: Griffy Lake Nature Preserve—Meet at the boathouse.



Healthy Heart Tip!

There are 1,440 minutes in one day. For adults—use 30 of them for daily exercise. For children under 18 years—use 60 of them for exercise.





The following after-school programs are presented through a partnership between the City of Bloomington Parks and Recreation Department and Rhino's/Harmony School.

All programs are FREE and are held at Rhino's Youth Center, 331 S. Walnut St. Registration is not required. All programs are ongoing, so you can join at any time!

YOUTH VIDEO (PHINOPIASTY)



This program focuses on learning to use video and editing equipment, writing news commentaries and humor sketches for production, understanding TV production sequences and developing stage presence. Participants produce and broadcast a variety show aired on CATS TV every Friday at 10 p.m.

 Code
 Day(s)
 Date(s)
 Time
 Ages

 30000
 Mon.
 ongoing
 3:30-7 p.m.
 13-18 yrs.

Instructor: David Walter

Youth Visual arts: mural project and screenprinting workshop



The Youth Art Project gives area youth an opportunity to create artwork for display around Bloomington. Using an openworkshop format, this program focuses on mural painting, drawing, 3-D design, and other forms of artistic expression. The screenprinting workshop offers hands-on learning of both fine art photo process screenprinting and textile printing. Participants must make a commitment to complete and provide a description of each project. Participants involved in this program may also enjoy the graphic design component of the Youth Journalism Project held Wednesday afternoons.

 Code
 Day(s)
 Date(s)
 Time
 Ages

 30000
 Tue.
 ongoing
 3:30-5:30 p.m.
 13-18 yrs.

Instructors: Danielle Urschel and Sparky Taylor

YOUTH JOURNALISM Project (The Antagonist)

Make your opinion known! *The Antagonist*, Bloomington's youth newspaper, is looking for writers, editors, and artists. *The Antagonist* is published monthly and includes music reviews, editorials, issue-based articles, poetry, and youth art.

CodeDay(s)Date(s)TimeAges30000Wed.ongoing3:30-5:30 p.m.13-18 yrs.

Instructor: Sparky Taylor

YOUTH Padio



Youth Radio on WFHB 91.3 FM wants you ON AIR! Young broadcasters learn about the inner workings of a radio station, spin their musical selections, talk about youth activities, and discuss youth/community issues. Participants have the opportunity to learn editing skills, hone their radio personalities, and attend informative workshops. Bring two blank CDs. Youth Radio broadcasts on Saturdays from 5–10 p.m. Participants must attend Thursday meetings and demonstrate certain competency levels with the equipment to become broadcasting members of Youth Radio.

CodeDay(s)Date(s)TimeAges30000Thur.ongoing3:30-5:30 p.m.13-18 yrs.

Instructor: Eric Ayotte

These programs are made possible with support from WFHB Community Radio, CATS TV, United Way and the Monroe County Tobacco Prevention and Cessation Coalition.

Sports and Fitness



Hook a Kid on Golf

See page 22.

Youth Tennis Lessons

See page 23.

Youth Strength Training

If you are a teen who wants to begin an exercise program or a parent of a teen interested in teaching them about healthy living, youth strength training is your class! Participants will learn gym etiquette, basic strength training exercises, proper technique, and safety.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 55014-A
 Sat.
 5/8-6/26
 10-11 a.m.
 5/7

 55014-B
 Sat.
 7/10-9/11*
 10-11 a.m.
 7/9

Cost: \$40 (8 classes) **Ages:** 12–17 yrs.

Location: Twin Lakes Recreation Center **Other:** *Class does not meet 8/21 or 9/4.

Hip Hop Hooray

See page 34.

Strictly Strength

See page 34.

Family Fun Day





Cost: FREE—Registration is required.

Ages: For all ages.

Location: Banneker Community Center **Instructor:** Darleesa Gates, AmeriCorps Member

Travel

Kid City Teen X-treme Travel camp

See pages 24-25.

Youth, Teens, and Adults

Living and Learning

Bring Your Old Bike Back to Life

Got a busted bike with no brakes? Has your bike got a flat you can't fix, a wobbly wheel you can't straighten, or does it just need a good tune-up? Banneker staff and community volunteers will be at Mills Pool with tools, pieces and parts at the ready to help you get that bike rolling again.

Day(s): Thursday and Friday, 6/24–25 from 4–6 p.m.

Cost: FREE Ages: For all ages.

Location: Mills Pool—in front of the pool area **Other:** Sponsored by Bloomington Bicycling Club.

The Great Outdoors

For all Great Outdoors programs:

Price is per person. Children under age 12 yrs. must be accompanied by a registered adult. Activities may be both inside and outside, so please dress for the weather.

Volunteer to Maintain our Natural Spaces or Adopt-A-Trail!

See page 45 or contact Special Services Coordinator Kim Ecenbarger at 349-3739 to find out how you can get involved.

Natural Resources Educator

Call our Natural Resources Educator to your event to add hands-on activities that enhance interest in our natural world. Schedule programs, classroom visits or field trips about water quality, geology, bats, bobcats, trees, wildflowers, natural art, and more! For more information, contact Elizabeth Tompkins at 349-3759 or tompkine@bloomington.in.gov. A \$20 fee is charged for most programs.

Citizen Scientist Certification

Parks and Recreation offers a unique opportunity for community members ages 14 yrs. and up: Citizen Scientist certification. For each level of certification, participants must attend two scheduled programs indicating a Citizen Scientist opportunity. These programs can be found in the Great Outdoors and People's University offerings. Candidates must also volunteer at least 10 hours monitoring or maintaining the city's natural areas. For more information or to receive a list of upcoming workshops and Citizen Scientist opportunities, call 349-3759.

Educator Resources

If you or your organization would like to learn more about water quality, wildlife or forest ecology, or karst topography, contact us to schedule a hands-on educational workshop.

We offer instruction in Hoosier Riverwatch, Project Wild, Project Learning Tree, Project WET and Project Underground. For more information, call 349-3759 or check out these activities through the Natural Resources Education Center at www.in.gov/dnr/nrec.

Sunrise Paddle

Let the sun slowly warm you and listen to the peaceful sounds of life on the early morning lake. On-site registration will be available and a registered parent must accompany children under the age of 14 years. Watercraft, paddles and lifejackets will be provided.

Code	Day(s)	Date(s)	Time	Register by
44011-D	Thur.	5/6	7:30-8:30 p.m.	5/4
54013-A	Wed.	5/19	6:30–7:30 a.m.	5/17
54013-B	Thur.	6/3	6:30-7:30 a.m.	6/1
54013-C	Wed.	6/23	6:30-7:30 a.m.	6/21
54013-D	Thur	7/22	6·30-7·30 a m	7/20

Cost: \$4/in-city, \$5/non-city

Ages: For all ages.

Location: Griffy Lake Nature Preserve—Meet at the boathouse.

Calls from the Crepuscular

Crepuscular animals are active primarily at twilight. When the sun sets the forest comes alive with the sounds of its crepuscular and nocturnal residents. Learn to tune your ears to hear the calls of insects, frogs, and more. Bring a flashlight along for this short sunset hike.

 Code
 Day(s)
 Date(s)
 Time
 Register to the second to

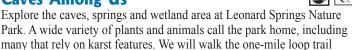
Cost: \$2/in-city, \$3/non-city

Ages: For all ages.

Location: Griffy Lake Nature Preserve—Meet at the boathouse.

Instructor: Sara Beatty

Caves Among Us



Code	Day(s)	Date(s)	Time	Register by
54004-A	Wed.	5/19	6–7:30 p.m.	5/18
54004-B	Wed.	7/21	7–8:30 p.m.	7/20
54004-C	Wed	9/15	7–8·30 n m	9/14

Cost: FREE
Ages: For all ages.

during this tour.

Location: Leonard Springs Nature Park

Instructor: Kriste Lindberg

Night Paddle

Enjoy an evening of peace and serenity on Griffy Lake during the full moon. Navigate the lake, take in deep breaths of fresh air and watch the night sky light up the waters. Registration is required. Watercraft, paddles, and lifejackets will be provided. Children under age 14 yrs. must be accompanied by a registered adult. Please bring a flashlight to help you navigate once you get back on dry land.

Code	Day(s)	Date(s)	Time	Register by
54001-A	Thur.	5/27	9–10:30 p.m.	5/25
54001-B	Sat.	6/26	9–10:30 p.m.	6/24
54001-C	Sun.	7/25	9–10:30 p.m.	7/22
54001-D	Tue.	8/24	8:30–10 p.m.	8/22
54001-E	Thur.	9/23	7:30–9 p.m.	9/21

Cost: \$6/in-city, \$7/non-city

Ages: For all ages.

Location: Griffy Lake Nature Preserve—Meet at the boathouse.

Physics Inside and Out

Are there connections between whirlpools and water in the toilet bowl swirling down the drain? Why does dew form on your windshield and on the grass, but not in other places? Why do warm drinks swirl in a cup and why do lakes turn over in the spring and fall? Learn the science behind these "phenomenas". We'll even leave time for you to figure out a few on your own (with help, of course). Fun for kids and parents alike.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 54012-A
 Wed.
 5/26
 6-7:30 p.m.
 5/19

Cost: FREE
Ages: 8 yrs. and up
Location: Twin Lakes Lodge
Instructor: Kriste Lindberg

Register by

It's red, black, and has dots all over ... ladybugs!

There have been over 500 species of ladybugs identified in the United States and over 4,500 in the entire world. Learn to identify and encourage ladybug populations in your own garden. Wander in search of ladybugs and practice photographing what we find for The Lost Ladybug Project, a national effort to monitor ladybug populations. Bring your camera to practice photographing ladybugs on your own.

Code Day(s) Date(s) Time Register by 54007-A Thur. 6/36-7:30 p.m. 5/31

Cost: \$3/in-city, \$4/non-city For all ages. Ages: **Location:** Winslow Woods **Instructor:** Sara Beatty



Up and Birding

Start your morning right with a bird hike at the City of Bloomington's best birding locations. Learn the basics of bird identification and binocular use while looking and listening for these winged wonders. Binoculars are available for participants during the program.

Code	Day(s)	Date(s)	Time	Register by
Leonard Sp	prings Nature	e Park		
54014-A	Fri.	6/4	7–8 a.m.	6/2
Griffy Lake	e Nature P res	serve		
54014-B	Fri.	8/6	7–8 a.m.	8/4

Cost: **FREE** For all ages. Ages: **Instructor:** Sara Beatty

Junior Rangers—half-day nature camp

See page 26.

Miller-Showers Park Tours

Learn how plants and ponds naturally cleanse storm water to help keep our waterways clean. Check for signs of wildlife as we explore this beautiful urban park.

Code	Day(s)	Date(s)	Time	Register by
54010-A	Wed.	6/16	7–8:30 p.m.	6/15
54010-B	Wed.	8/18	7–8:30 p.m.	8/17

Cost: **FREE** Ages:

Location: Miller-Showers Park—Meet at the pier adjacent to

the 17th Street parking lot.

Instructor: Kriste Lindberg

Can You Canoe?

Learn the basics of canoeing and get comfortable in a boat for the 2010 summer season. Learn how to launch and land a canoe, proper positions and basic strokes. End the morning with a paddle to test your new skills.

Code Day(s) Date(s) Time Register by 54003-A 6/19 9 a.m.-Noon 6/13 Sat.

\$6/in-city, \$7/non-city **Cost:** 10 yrs. and up Ages:

Griffy Lake Nature Preserve—Meet at the boathouse. **Location:**

Instructor: Elizabeth Tompkins

Storm Drain Marking

See page 21.

Father's Day Fishing Fun

Bring the family out for an excellent day on Griffy Lake's shore and see what you can catch. First-time anglers are welcome—volunteers will help to teach the basics. Some loaner equipment will be available, but please bring your own if you have it. Door prizes, games and snacks are there for everyone to enjoy. A fishing license is required for

participants ages 17 yrs. and up. Code Day(s) Date(s) Time

8-11 a.m. 54005-A Sun. 6/20 6/17 \$1— On-site registration is available. Cost:

For all ages. Children under the age of Ages:

12 yrs. must be supervised by an adult.

Location: Griffy Lake Nature Preserve—Meet at the boathouse.

Miller-Showers Park Tours—Up Close

Take a closer look at the plants and ponds in this storm water cleansing park. Collect aquatic critters, test water quality, identify birds through binoculars, and use microscopes to view our samples. Develop a deeper understanding of the function of the system with these hands-on activities.

Code Day(s) Date(s) Time Register by 54011-A Wed. 6/236:30-8 p.m. 6/21

Cost: **FREE** Ages: For all ages.

Location: Miller-Showers Park— Meet at the pier adjacent to

the 17th Street parking lot.

Fossil Frolic

Travel to the streambed of Griffy Creek to discover the fossil remains of creatures that inhabited this area millions of years ago. Bring water to drink and wear sturdy shoes for this program.

Code Day(s) Time Register by Date(s) 54006-A Tue. 7/6 5:30-7 p.m. 7/2

\$2/in-city, \$3/non-city Cost:

Ages: For all ages.

Griffy Lake Nature Preserve—Meet at the boathouse. **Location:**

Instructor: Sara Beatty

Lightning Bugs, Fireflies, and Glowworms

Spotting fireflies is a special part of warm summer nights. Discover the mysteries behind these little lights through fun activities and craft your own lightning bug to take home. Learn how you can become a part of a national effort to monitor the firefly population in your own backyard.

Code Day(s) Date(s) Time Register by 54009-A Thur. 7/8 7-8:30 p.m. 7/4

\$4/in-city, \$5/non-city Cost: Ages: For all ages.

Lower Cascades Park—Sycamore Shelter **Location:**

Instructor: Sara Beatty

The Rain Gardens of Monroe County: Sustainable Stormwater Design

See page 39.

(D)



Healthy Heart Tip!

Take a walk to the park with a friend.



Sports and Fitness





City of Bloomington Parks & Recreation

3550 N. Kinser Pk., Bloomington, IN • (812) 349-3764

Visit our Web site to reserve a tee time!

Golf Outings

We provide an excellent 27-hole facility that is fun, fair and fast to play. Our trained staff is available to assist in planning, organization and implementation to ensure a successful and enjoyable outing experience. We have a number of different packages available. For best available dates, please book early. Call 349-3764 and ask for Jason Calhoun or Todd Fleener.

Beginner's Golf Clinic

Learn one of America's great sports at our two-hour beginner's clinic! Our qualified instructors teach basics of the grip, swing, and stance that can be used throughout your golf career. We also cover putting, rules, and love of the game!

Code	Date(s)	Register by
43501-A	4/17 and 4/24	4/1
53501-A	5/8 and 5/15	5/3
53501-B	6/12 and 6/19	6/7
53501-C	8/14 and 8/21	8/9
53501-D	9/11 and 9/18	9/6

Day/Time: Saturdays, 11:30 a.m.–12:30 p.m. **Cost:** \$20/in-city, \$25/non-city

Ages: 18 yrs. and up

Junior Golf Clinic

Give your youngsters the background they need to enjoy the game of golf all their lives! Our two-hour clinics introduce the fundamentals, plus some of the rules and terms. This year the clinics will be two one-hour sessions, on back-to-back Saturdays.

Code	Date(s)	Register by
43502-A	4/17 and 4/24	4/12
53503-A	5/8 and 5/15	5/3
53503-B	6/12 and 6/19	6/7
53503-C	8/14 and 8/21	8/9
53503-D	9/11 and 9/18	9/6

Day/Time: Saturdays, 10–11 a.m. **Cost:** \$20/in-city, \$25/non-city

Ages: 8–17 yrs.

Junior Golf Camp

See page 26.

Cascades Golf Course

2010 RATES

Season Passes

(in-city/non-city)

Junior \$190/\$220
Adult \$455/\$485
Senior \$395/\$420
Family \$655/\$775
Season passes are good for one year from date of purchase!

18 Holes Weekday \$20 18 Holes Weekend \$22 9 Holes (Mon.-Thurs.) \$13

League Play \$13

Twilight \$15
Student Rate* \$15

*Valid student ID required. (Mon.–Thur. only)

10-Play Pass \$153 **Family Day*** \$13

*Adult w/child. Children 15 yrs. and under golf free. (Sun. after 3 p.m.)

> 9-Hole Cart \$7 18-Hole Cart \$13 Range Balls \$5

20-Bucket Range Balls \$80

Hours:

Dawn to dusk

Staff:

Jason Calhoun

Golf Facilities Manager

Todd Fleener

Program Coordinator

Accessibility:

Designated parking spaces in lot. Restrooms and main entrance all accessible.

Discover Cascades!



Cascades Golf Course rests on 200 acres of beautiful rolling hills with native trees and natural topography. Cascades is named for the natural cascading waterfalls located throughout the golf course property. Several waterfalls can be heard, and with a brief walk off the perimeter of several holes, can be seen from the course.

Cascades offers amenities to meet the needs of any golfer. Leagues are offered for all ages, and the Clubhouse houses locker rooms, a concession stand and a banquet/conference facility. Individual or group lessons may be scheduled with our on-site golf pro by calling 349-3764.

The golf course consists of three different nine-hole courses which can be combined to create three separate 18-hole configurations.

Junior Golf League

Junior Golf League begins play on September 13 and plays Mondays and Wednesdays until October 13. Juniors shotgun start every week at 5 p.m. The format is a stableford. All participants must sign up as individuals, and Cascades staff makes up the teams. Registration is accepted online only. For more information, contact Jason Sims or Tyler Sloan at 349-3764.

Code: 53504-A Cost: \$35/pass holders,

\$70/pass holders

Register by: 9/7 **Ages:** 8–17 yrs.

Adult/Junior Golf Tournament

Sunday, October 10

Cascades is hosting its first annual Adult/Junior tournament! This is a 9-hole alternate shot event. Entry fee includes all greens fees, cart fees, prizes, and a cookout following completion of the tournament. Divisions are determined by the junior's age. The junior does not have to be related to the adult. Registration is accepted online only. For more information, contact

Code: 53505-A

Cost: \$30/team for non-pass holders

Jason Sims or Tyler Sloan at 349-3764.

\$17/team for pass holders

Register by: 10/5 at 3 p.m.

Ages: Juniors must be ages 5–18 yrs.

Adults are ages 18 yrs. and up.

Language

Intermediate Spanish

Cost: FREE
Days: Wednesdays
Time: 1–2:30 p.m.
Ages: 18 yrs. and up
Location: Rhino's Youth Center,

331 S. Walnut St.

Advanced Spanish

Cost: FREE
Days: Mondays
Time: 10–11 a.m.
Ages: 18 yrs. and up
Location: Rhino's Youth Center,

331 S. Walnut St.

German

Cost: FREE
Day: Tuesdays
Time: 1:30–2:30 p.m.
Ages: 18 yrs. and up

Location: Twin Lakes Recreation Center

Arts & Crafts

Lap Quilting

Cost: FREE
Day: Tuesdays
Time: 9:30–11:30 a.m.
Ages: 18 yrs. and up

Location: Twin Lakes Recreation Center, Program Room

Sponsor/Partner Programs

Legal Counseling

Counseling provided by Attorney Tom Bunger.

Cost: FREE

Day: First Monday of each month

Time: 3–4 p.m. **Ages:** 18 yrs. and up

Location: Twin Lakes Recreation Center, Common Room



Healthy Heart Tip!

Be creative and have some fun with your physical activity.

Cards & Games

FREE ongoing adult programs at the Twin Lakes Recreation Center.
For ages 18 yrs. and up.
Participation in all of these drop-in programs is free, and registration is not required.

Bingo

For more

information

about Spanish programs,

contact

Bev Johnson

at 349-3773.

Days: Mondays at 1 p.m.

Wednesdays at 1:30 p.m.

Location: Program Room

Bunco

Day: Mondays
Time: 2–3 p.m.
Location: Common Room

Cards and Games

Day: Monday–Friday
Time: 8 a.m.–3 p.m.
Location: Common Room

Drop-in Bridge

Day: Mondays and Wednesdays
Time: 10:30 a.m.—Noon
Location: Common Room

Euchre

Day: Mondays, Wednesdays, and Fridays

Time: 10:30 a.m.–3 p.m. Location: Common Room

Bridge Club

Day: Wednesdays and second and fourth Tuesdays

Time: 10:30 a.m.–3 p.m. Location: Program Room

Ping Pong

Day: Call to schedule

Time: TBD Location: Fitness Room

Music & Dance



International Folk Dance

Cost: FREE
Day: Wednesdays
Time: 1:30–3 p.m.

Location: Twin Lakes Recreation Center, Fitness Room

Country Line Dancing—Beginning

Not only is line dancing fun, it can help you burn fat, increase energy, and feel great! Learn the boot scoot boogie, electric slide, and many other line dances each week. A great way to be active! No previous experience necessary.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 55007-A
 Wed.
 5/5-6/9
 7-8 p.m.
 5/4

 55007-B
 Wed.
 7/28-9/8
 7-8 p.m.
 7/27

Cost: \$40 (6 classes, 6 hours)
Ages: 18 yrs. and up

Location: Twin Lakes Recreation Center

Music & Dance



Belly Dance

\$50 (6 classes, 6 hours)
For ages 18 yrs. and up • Instructor: Eiko
Twin Lakes Recreation Center

Belly Dance Basics

Discover the beauty of belly dance! Designed to teach students the basics of belly dance movement, the class includes warm-up exercises, posture work, basic hand and arm movements, footwork, shimmies, and discussions about belly dance and Middle Eastern music. No previous dance experience is necessary.

Code	Day(s)	Date(s)	Time	Register by
55004-A	Tue.	5/25-6/29	6:30-7:30 p.m.	5/24
55004-B	Tue.	7/6-8/10	6:30–7:30 p.m.	7/5
55004-C	Tue.	8/24-9/28	6:30–7:30 p.m.	8/23

Belly Dance Work Out

Fun and exciting, belly dance is a great addition to your workout. Become energized with shimmy drills, undulations, combinations, and traveling steps while building core strength and balance. Popular and upbeat Arabic music keeps this class moving!

Code	Day(s)	Date(s)	Time	Register by
55005-A	Tue.	5/25-6/29	7:30–8:30 p.m.	5/24
55005-B	Tue.	7/6-8/10	7:30–8:30 p.m.	7/5
55005-C	Tue.	8/24-9/28	7:30–8:30 p.m.	8/23

Zumba[®]

Our goal is simple: We want you to want to work out, to love working out, to get hooked. Zumba® fanatics achieve long-term benefits while experiencing an absolute blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life! People of all ages are falling in love with its infectious music, easy-to-follow dance moves, and body-toning benefits.

/			<u> </u>	
Code	Day(s)	Date(s)	Time	Register by
55021-F	Mon., Wed.	5/3-5/26	5:15–6 p.m.	5/2
55021-B	Thur.	5/13-7/1	6:30-7:30 p.m.	5/12
55021-C	Sun.	5/16-7/18*	6–7 p.m.	5/15
55021-G	Mon., Wed.	6/2-6/28	5:15–6 p.m.	6/1
55021-A	Wed.	6/2-7/21	6–7 p.m.	6/1
55021-H	Mon., Wed.	7/5-7/28	5:15–6 p.m.	7/4
55021-D	Thur.	7/8-9/2*	6:30-7:30 p.m.	7/7
55021-E	Sun.	7/25-9/26*	6–7 p.m.	7/24
55021-I	Mon., Wed.	8/2-8/25	5:15–6 p.m.	8/1

Cost: \$45 (8 classes, 8 hours)

Ages: 18 yrs. and up

Location: Twin Lakes Recreation Center

Other: *Class does not meet 5/30, 7/4, 8/19, 8/22, or 9/5



Healthy Heart Tip!

Enroll in a group exercise class at the Twin Lakes Recreation Center.

Healthy Living



Fitness Assessments

Assessments are common and appropriate practices in preventative and rehabilitative exercise programs. A fitness assessment educates and motivates participants, and provides baseline and follow-up data for evaluation of progress. To schedule an assessment, contact Lindsay Buuck at 349-3771 or buuckl@bloomington.in.gov.

Cost: Resting heart rate and blood pressure:

FREE for Twin Lakes Recreation Center members

Body composition: \$10 Muscular endurance: \$10 Cardiovascular endurance: \$10

Flexibility: \$5
Full assessment: \$40
Mondays–Fridays
By appointment only

Location: Twin Lakes Recreation Center

For all ages.

Silver Sneakers®

Days: Time:

Ages:

The Silver Sneakers® program is the nation's leading exercise program designed exclusively for older adults. The program offers physical activity, health education, and social events for Medicare-eligible and Group Retiree members. Inquire at the Twin Lakes Recreation Center front desk for a list of participating insurance carriers or to sign up.

Day(s)	Time	Room	Description
Mon., Wed.	9:30-10:30 a.m.	Court 3	Muscle Strength &
,			Range of Movement
Tue., Thur.	10:30-11:30 a.m.	Court 3	Muscle Strength &
			Range of Movement
Mon., Wed.	10:30-11:30 a.m.	Group	YogaStretch
		Exercise Room	
Tue., Thur.	9:30-10:30 a.m.	Court 3	Cardio Circuit

Ages: 50 yrs. and up

Location: Twin Lakes Recreation Center **Other:** *Class does not meet 8/16–8/19.



Massage

Choose from Swedish, Deep Tissue, or Sports massage types. Massage can help to alleviate low-back pain and improve range of motion, assist with shorter, easier labor for expectant mothers and shorten maternity hospital stays, enhance immunity, improve the condition of the skin, increase joint flexibility, lessen depression and anxiety, improve circulation, relax and soften injured, tired, and overused muscles, and relieve migraine pain. To schedule your appointment with our certified massage therapist, call 349-3720.

Cost: \$30/30 minutes, \$60/60 minutes

Days: Mon.–Fri. 5:30 p.m.–9 p.m.

Location: Twin Lakes Recreation Center

Sports and Fitness



TLRC Summer Jamboree

See page 18.

Personal Training

Your personal trainer designs a fitness and weight management program that's individualized for your age, body, lifestyle, and goals. A personal trainer works with you to monitor your progress and make adjustments to ensure that you reach your goals.

You must be a Twin Lakes Recreation Center member to sign up for personal training. All sessions must be used within six months of purchase. All training sessions are non-transferable and nonrefundable. To set up an initial consultation, or for more information about personal training, contact Lindsay Buuck at 349-3771 or buuckl@bloomington.in.gov.

SINGLE—One-on-one personal training sessions

3 one-hour sessions	\$125
5 one-hour sessions	\$200
10 one-hour sessions	\$375
15 one-hour sessions	\$490
20 one-hour sessions	\$600
25 one-hour sessions	\$725

BUDDY (2)—You and a friend

5 one-hour sessions \$300

GROUP (3–5)—Get a group of 3–5 people together to join in this interactive type of personal training

5 one-hour sessions \$475

Group Exercise Punch Pass at the Twin Lakes Recreation Center

If your schedule varies, you're curious about a class, or you like variety in your workout, this group exercise punch pass will let you take and try out the class of your choice! *For more information call* 349-3720.

Cost: 1 class—\$6, 6 classes—\$35, 12 classes—\$55

Ages: 18 yrs. and up

PUNCH PASS GUIDELINES:

- Passes are issued any time throughout the program guide season limit of one pass of each type per person per program guide season.
- All Group Exercise Punch Pass users must have the front desk staff punch the pass before class. The front desk will issue a ticket to you to give to the instructor.
- In order to run a safe class and to reduce the chance of injury, you may be asked to try a different class if space is limited. Be sure to check with the TLRC for space availability (349-3720).
- · No credits, refunds, or transfers on punch passes.

June 1-August 24

Get your team of four or more together for some healthy competition!

See page 17.

NIA Movement Program

NIA (Neuromuscular Integrative Action) is a program that combines selected movements from dance, martial arts, and whole-body conditioning. Adaptable to any fitness level, NIA is done to music barefoot or in soft shoes.

Code	Day(s)	Date(s)	Time	Register by
55011-A	Mon.	5/3-6/14*	7–8 p.m.	5/2
55011-B	Mon.	6/21-7/26	7–8 p.m.	6/20
55011-C	Mon.	8/2-9/20*	7–8 p.m.	8/1
Cost:	\$40 (6 clas	ses 6 hours)	,	

Cost: \$40 (6 classes, 6 hours)
Ages: 18 yrs. and up

Location: Twin Lakes Recreation Center **Other:** *Class does not meet 5/31, 8/16, or 9/6.

FREE ongoing adult programs at the Twin Lakes Recreation Center. For ages 18 yrs. and up. Participation in these drop-in programs is free, and registration is not required.

Aerobic Exercise

Cost: FREE

Days: Tuesdays and Fridays

Time: 2–2:45 p.m.

Location: Twin Lakes Recreation Center, Fitness Room

Senior Volleyball

Cost: FREE

Days: Monday–Friday **Time:** 9:30–11:30 a.m.

Location: Twin Lakes Recreation Center, Court





Updated cardio equipment, as well as free weights, are available for member use at the Twin Lakes Recreation Center.

Sports and Fitness



Boot Camp

Kickboxing

This class will make you sweat! Try our non-contact cardio kickboxing and learn basic punching and kicking techniques and combinations for a total body workout!

Code	Day(s)	Date(s)	Time	Register by
55010-A	Mon., Wed.	5/3-6/14	8–9 p.m.	5/2
55010-B	Mon., Wed.	6/21-7/28	8–9 p.m.	6/20
55010-C	Mon., Wed.	8/2-9/20*	8–9 p.m.	8/1

Cost: \$45

Ages: 18 yrs. and up

Location: Twin Lakes Recreation Center

Other: *Class does not meet 8/16, 8/18, or 9/6.

Boot Camp

Work hard, challenge yourself, achieve your fitness goals, and have fun! Boot camp is a high-energy, drill-based, interval program for all fitness levels.

Code	Day(s)	Date(s)	Time	Register by
55006-A	Tue., Thur.	5/4-6/10	6–7 a.m.	5/3
55006-B	Sat.	5/8-6/26	9–10 a.m.	5/7
55006-C	Tue., Thur.	6/15-7/22	6–7 a.m.	6/14
55006-D	Sat.	7/10-9/11*	9–10 a.m.	7/9
55006-E	Tue., Thur.	7/27-9/9*	6–7 a.m.	7/26

Cost: \$75 Tue./Thur. and \$50/Sat.

Ages: 18 yrs. and up
Location: Twin Lakes Recreation Center, turf

Other: *Class does not meet 8/17, 8/19, 8/21, or 9/4.

Fitshop

Achieve total fitness through cross-training techniques! Tone and sculpt your body through the use of free weights and resistance bands while improving cardiovascular health through a variety of aerobic exercises.

Code	Day(s)	Date(s)	Time	Register b
55008-A	Tue., Thur.	5/18-5/27	5:30-6:30 p.m.	5/17
55008-B	Tue., Thur.	8/10-9/23*	5:30–6:30 p.m.	8/9

Cost: 55008-A: \$20 (4 classes)

55008-B: \$45 (12 classes)

Ages: 18 yrs. and up

Location: Twin Lakes Recreation Center
*Class does not meet 8/17 or 8/19.

Stroller March

Attention parents and sitters! Bring your babies and their strollers to this class to help you set and reach your fitness goals. Our instructor and our ½-mile indoor track keep you moving while your kiddos go for a ride!

Code	Day(s)	Date(s)	Time	Register by
55020-A	Tue., Thur.	5/4-6/10	10–11 a.m.	5/3
55020-B	Tue., Thur.	6/15-7/22	10–11 a.m.	6/14
55020-C	Tue., Thur.	7/27-9/9*	10–11 a.m.	7/26

Cost: \$35 Ages: 18 yrs. and up

Location: Twin Lakes Recreation Center **Other:** *Class does not meet 8/17 or 8/19.



Ab-Solutely Fit

This class focuses on the abdominals and back to improve posture, decrease back pain, and increase stabilization. A quick, fun, and effective workout!

Code	Day(s)	Date(s)	Time	Register by
55001-A	Sun.	5/9-6/27	5-5:30 p.m.	5/8
55001-B	Wed., Fri.	5/12-7/2	7–7:30 a.m.	5/11
55001-C	Sun.	7/11-9/12*	5-5:30 p.m.	7/10
55001-D	Wed., Fri.	7/7-9/3*	7–7:30 a.m.	7/6

Cost: 55001-A and 55001-C: \$30 (8 classes)

55001-B and 55001-D: \$45 (16 classes)

Ages: 18 yrs. and up

Location: Twin Lakes Recreation Center

Other: *Class does not meet 8/18, 8/20, 8/22, or 9/5.

Balance This!

This class provides functional balance training and education, which is a classification of exercise that involves training the body for the activities performed in daily life. Functional training may lead to better muscular balance and strength, joint stability, and improved posture.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 55003-A
 Mon., Wed.
 5/10-6/7*
 8:30-9:30 a.m.
 5/9

 55003-B
 Mon., Wed.
 7/12-8/4
 8:30-9:30 a.m.
 7/11

Cost: \$40 (12 classes) **Ages:** 18 yrs. and up

Location: Twin Lakes Recreation Center **Other:** *Class does not meet 5/31.

Hip Hop Hooray!

An awesome workout, Hip Hop Hooray! combines the latest moves with the hottest new music! No dance experience necessary.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 55017-A
 Mon.
 5/10-7/5*
 6-7 p.m.
 5/9

 55017-B
 Mon.
 7/12-9/13*
 6-7 p.m.
 7/11

Cost: \$40 (8 classes) **Ages:** 12 yrs. and up

Location: Twin Lakes Recreation Center **Other:** *Class does not meet 5/31, 8/16, or 9/6.

Pilates

Pilates routines focus on strengthening and developing the body's core postural muscles of the abdominals and low back as well as the chest, upper back, shoulders, and glutes. These muscle groups help keep the body balanced, and are essential for the support they provide to the spine.

Code	Day(s)	Date(s)	Time	Register by
55012-A	Mon., Wed.	5/10-6/14*	5–6 p.m.	5/9
55012-B	Mon., Wed.	6/21-7/21	5–6 p.m.	6/20
55012-C	Mon., Wed.	7/26-9/1*	5–6 p.m.	7/25

Cost: \$45 (10 classes) **Ages:** 18 yrs. and up

Location: Twin Lakes Recreation Center

Other: *Class does not meet 5/31, 8/16, or 8/18.

Strictly Strength

No cardio—just muscle! This class targets and tones every major muscle group using weights, stability balls, resistance bands, and more!

Broup using weights, swarmy cans, resistance canas, and more.					
Code	Day(s)	Date(s)	Time	Register by	
55013-A	Tue., Thur.	5/11-6/17	7–7:45 a.m.	5/10	
55013-B	Tue., Thur.	6/22-7/29	7–7:45 a.m.	6/21	
55013-C	Tue Thur	8/3 _9/16*	7_7·45 a m	8/2	

Cost: \$40 (12 classes) **Ages:** 16 yrs. and up

Location: Twin Lakes Recreation Center
*Class does not meet 8/17 or 8/19.



Tennis

Adult Tennis Lessons

Winslow Sports Complex, 2301 S. Highland Ave.

Summer Session I: May 31-June 24

Cost: \$44/in-city, \$52/non-city

Register by: 5/27

CodeAgeLevelDaysTime57001-1A18 yrs. and upBeginnerMon./Wed.6–7 p.m.57001-1B18 yrs. and upIntermediateMon./Wed.7–8 p.m.

Summer Session II: July 5–29

Cost: \$44/in-city, \$52/non-city

Register by: 7/1

Code	Age	Level	Days	Time
57001-2A	18 yrs. and up	Beginner	Mon./Wed.	6–7 p.m.
57001-2B	18 yrs. and up	Intermediate	Mon./Wed.	7–8 p.m.

Bryan Park, 1001 S. Henderson St.

Summer Session I: May 31-June 24

Cost: \$44/in-city, \$52/non-city

Register by: 5/27

Code	Age	Level	Days	Time
57001-1C	18 yrs. and up	Beginner	Tue./Thur.	6–7 p.m.
57001-1D	18 yrs. and up	Intermediate	Tue./Thur.	7–8 p.m.

Summer Session II: July 5-29

Cost: \$44/in-city, \$52/non-city

Register by: 7/1

Code	Age	Level	Days	Time
57001-2C	18 yrs. and up	Beginner	Tue./Thur.	6–7 p.m.
57001-2D	18 yrs. and up	Intermediate	Tue./Thur.	7–8 p.m.

Private Tennis Lessons

If group lessons are not your style or if you like more personalized attention, private lessons are available from our group instructors. Times are flexible. For more information, call 349-3762.

2010 Adult City Tennis Tournament July 12–18 Winslow Sports Complex

tuttled@bloomington.in.gov.



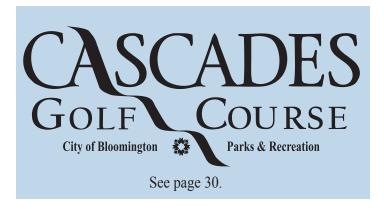
Code	Register by	Cost	Division
57002-A	7/7	\$16	35 & Over Men's Singles
57002-B	7/7	\$16	50 & Over Men's Singles
57002-C	7/7	\$18	35 & Over Men's Doubles
57002-D	7/7	\$16	Women's Open Singles
57002-Е	7/7	\$18	Women's Open Doubles
57002-F	7/7	\$16	35 & Over Women's Singles
57002-G	7/7	\$18	35 & Over Women's Doubles
57002-H	7/7	\$18	Mixed Doubles
57002-I	7/7	\$16	Men's Open Singles
57002-J	7/7	\$18	Men's Open Doubles

Play Tennis Throughout the City

Public play at Winslow Sports Complex, Bryan Park, Southeast Park, Park Ridge East, Sherwood Oaks, and RCA Park is permitted whenever courts are not being used by City of Parks and Recreation. Available hours are posted at each site.



Sports Hotline: 349-3610 for general information or weather-related cancellations





Sports and Fitness



Sports Hotline: 349-3610

for general information or weather-related cancellations

Fall Adult Softball Leagues



New: Women's Fastpitch League!

The league plays on Mondays and Fridays.

Fall Adult Softball leagues are designed for competitive through beginning levels of play and are sanctioned by the Amateur Softball Association. All ASA rules apply, with the exception of house rules indicated in the manager's packet. Team registration is held June 28–July 16 at the Bloomington Parks and Recreation office. Managers must pick up an information packet during this time. The season begins at the conclusion of summer softball (mid-August). For more information or for tips on creating your own team, visit www.bloomington.in.gov/parks.

Cost for adult league: \$675 for 10-game season **Cost for co-recreational league:** \$675 for 10-game season (\$675 divided by 12 players is only \$56.25/player)

You can pay your team fee in full or your team fee can be paid in two installments.

Installment 1: \$337.50—due 7/16

Installment 2: \$337.50—due 7/30 (schedule release week)

Final rosters are due 7/30.

League descriptions/levels of play:

Highly Competitive: Men's and Women's Competitive A

Competitive: Men's Competitive B and C, Women's Competitive B,

and Women's Fastpitch

Advanced Recreational: Men's Recreational B and

Co-Recreational B

Mid-level Recreational: Women's Recreational C, Men's

Recreational C, and Co-Recreational C

Recreational: Men's Recreational D and Co-Recreational D **Beginners:** Men's Recreational E and Co-Recreational E

League game nights:

Mondays & Fridays: Men's Competitive C, Men's Recreational B,

Men's Recreational E and Women's Fastpitch

Tuesdays & Fridays: Men's Recreational D and Women's B

Wednesdays & Fridays: Men's Competitive A,

Men's Recreational A,

Men's Recreational C, and Women's A.

Thursdays & Fridays: Men's Competitive D and Women's C

Saturdays: All Co-Recreational Leagues

League nights are subject to change depending on registration.

Jazzercise

Jazzercise is the original dance fitness, total-body conditioning program that combines the art of

jazz dance and the beat of popular music. This class features a proven combination of aerobic exercise and strength training with weights and resistance tubes. In addition to feeling great, you'll see your cardiovascular endurance, strength, and flexibility increase. Registration is always open. Try a class for \$5. For more information call Kris Heeter at 876-2158. Class length is 60 minutes.

Days: Tuesdays and Thursdays at 5:45 p.m., Saturdays at 9 a.m. \$10/day, \$29/month (auto debit only), \$75/two months,

\$110/three months. Discounts for IU and Ivy Tech students

and seniors 65 yrs. and up. Passes may be used at another Bloomington Jazzercise location.

Registration is always open, so you can join at any time! A

one-time \$35 joining fee is charged to new participants.

Ages: 18 yrs. and up

Location: Fairview United Methodist Church, 600 W. Sixth St.

B-Line Boot Camp

Spend a half-hour a day, three days a week at B-Line Boot Camp to achieve your fitness goals! This class is high-energy, drill- and intervalbased, and fun!

Code	Day(s)	Date(s)	Time	Register b
55002-A	Mon., Wed., Fri.	5/3-5/28	Noon-12:30 p.m.	. 5/2
55002-B	Mon., Wed., Fri.	6/4-6/30	Noon-12:30 p.m.	. 6/3
55002-C	Mon., Wed., Fri.	7/5-7/30	Noon-12:30 p.m.	. 7/4
55002-D	Mon., Wed., Fri.	8/2-8/27	Noon-12:30 p.m	. 8/1

Cost: \$50 (12 sessions, 6 hours)

Ages: 18 yrs. and up

Location: B-Line Trail— Meets at the B-Line Trail

Showers Plaza next to City Hall.

o City Hall.

Introduction to Keel Boat Sailing

Co-sponsored by Bloomington Parks and Recreation and the Lake Monroe Sailing Association, these lessons teach safe sailing skills to participants age 18 yrs. and up. No previous sailing experience is required. Instruction include rigging, sailing upwind and downwind, docking, terminology, safety, and the rules of the road. For sailing details, call LMSA at 824-4611. For registration information, call 349-3700.

Code	Day(s)	Date(s)	Time	Register by
57690-A	Sat., Sun.	6/5-6/6	9 a.m.–4 p.m.	6/1
57690-B	Sat., Sun.	6/19-6/20	9 a.m.–4 p.m.	6/15

Cost: \$100*

Ages: 18 yrs. and up

Location: Lake Monroe Sailing Association, 7600 S. Shields Ridge Rd.

Instructor: Randy Hannum

Other: *Ten percent discount for LMSA members. Recommended

text is *Sailing Fundamentals* by Gary Jobson, available from local bookstores or from the Monroe County Public Library. This class is also appropriate for those who may have physical limitations that make the handling of smaller

boats difficult.



Healthy Heart Tip!

Park farther away from the door at work, the store, a friend's house, etc.



of Bloomington

People's University makes learning fun!

Encouraging lifelong learning in a relaxed environment, People's University offers affordable courses in a variety of subject areas for adults 18 yrs. and up. We bring together businesses, teachers, and other community members with knowledge and skills to share with those who would like to learn.

Bloomington Parks and Recreation and the other members of the Bloomington Lifelong Learning Coalition are helping Bloomington become a "Learning City" that uses its resources to enrich its human potential. Take time this season to learn something new—just for you!

Opportunities for Instructors

We can assist you in the planning of your course and enjoy facilitating the sharing of knowledge and skills through the auspices of People's University. For information on how to propose a class, use the contact information below.

Early Bird Special!

At People's University we don't ask whether the class is half empty or half full, we ask how many are on the wait list. Register early and assure yourself a place in the course of your choice. The first student enrolled in each course will receive a free People's University tote bag at the first class meeting. They're great for carrying class supplies!

Legal Notice

People's University instructors often teach subject matter that relates to businesses or professional services that the instructors offer independently from Parks and Recreation programming. The City of Bloomington cannot and does not endorse any outside business, professional service, or other affiliation of its instructors. Legal, health/medical, or other professional information presented in People's University courses is intended for general information purposes only and may not be applicable to particular persons or situations. Course participants should not rely on such information as a substitute for individual counseling or professional advice.

Refund and Substitution Policies

See page 3.

For more information call H. Michael Simmons at 349-3737 or e-mail PUB@bloomington.in.gov.



Visit us on Facebook at People's University of Bloomington.

Writing, Language & Literature

Bloomington Parks and Recreation and Barnes and Noble Booksellers invite the interested reader to participate in an exciting novel discussion group and explore the best of new fiction. Take part in a moderated discussion in the company of lovers of good books. Ex Libris meets for discussions on the fourth Wednesday of each month. All selections are paperbacks unless otherwise indicated. For more information, call H. Michael Simmons at 349-3737.

Code	Date(s)	Description
47601-D	4/28	Netherland by Joseph O'Neill
47601-E	5/26	Oryx and Crake by Margaret Atwood
57600-A	6/23	The Girl with Glass Feet by Ali Shaw (hardback)
57600-B	7/28	Sag Harbor by Colson Whitehead
57600-C	8/25	Wolf Hall by Hilary Mantel
57600-D	9/22	The Children's Book by A. S. Byatt
Time:	6:30-7:3	0 p.m.

Cost: FREE

Ages: 18 yrs. and up Barnes and Noble Booksellers, 2813 E. Third St. **Location:**

Instructor: H. Michael Simmons

Other: Co-sponsored by Barnes and Noble Booksellers.

Burning the Box

"Burning the Box" has many sources, Julia Cameron's *The Artist's Way* being one of them. The course encourages creative expression via a synaesthesic interaction of expressive disciplines, primarily (but not limited to) acting, writing, and drawing. Students explore these interactions in playful ways that include yoga, movement, breathing exercises, visualizations, and dreamwork. If you feel blocked creatively, this is the class for you.

Code	Day(s)	Date(s)	Time	Register by
57603-A	Wed.	5/12-6/9	6:30–8:30 p.m.	5/6

Cost: \$31/in-city, \$38/non-city (5 classes, 10 hours)

Ages: 18 vrs. and up

Location: City Hall, Kelly Conference Room, #155

Instructor: Andy Alphonse

Beginning Spanish

The course builds practical basic oral communication skills in Spanish. It covers essential grammar and vocabulary and includes an overview of cultural and linguistic differences in the Spanish-speaking world. No previous knowledge of Spanish is necessary.

Code Day(s) Date(s) Time Register by 57601-A 6/8-7/27 6:30-8 p.m. Tue. 6/3

\$43/in-city, \$53/non-city (8 classes, 12 hours) Cost:

18 yrs. and up Ages:

City Hall, Hooker Conference Room, #245

Instructor: Marines Fornerino

Writing for Magazines and Newspapers

The class provides an introduction to the skills needed and techniques used to successfully write for and get published in magazines and **newspapers.** This course will cover finding appropriate material, writing samples, markets, research, writing the query letter, follow-up techniques, contracts, and rights. Bring a sack lunch.

Date(s) Register by Code Day(s) Time 57602-A Sat. 6/12 10 a.m.-2:30 p.m. 6/7

\$22/in-city, \$27/non-city Cost:

18 yrs. and up Ages:

Old National Bank, 2718 E. Third St. **Location: Instructor:** Glenn Kaufmann, full-time freelance writer

Home, Garden, and Beyond

Native Trees and Shrubs for Indiana Landscapes



The class will introduce students to native trees and shrubs for central Indiana landscapes. A walking tour of sections of the Indiana University campus, including the arboretum, will acquaint students with the sizes, shapes, habits, growing conditions, and landscaping uses of some of our native trees and shrubs.

Code Day(s) Date(s) Time Register by 57611-A Sat. 5/15* 9-11 a.m. 5/10

Cost: \$7/in-city, \$8/non-city Ages: 18 yrs. and up

Meet at the Sample Gates, E. Kirkwood Street and **Location:**

S. Indiana Ave. **Instructor:** Bruce Behan

Other: *Rain date is 5/22. Co-sponsored by Bloomingfoods.

The Community Orchard



(B)

The class is designed to teach the care of fruit trees in the Community Orchard to volunteers participating in the program, but it is open to anyone interested in the organic management of fruit trees. Participants learn planting, irrigation, fertilization, pruning, and inspection of trees for diseases and insect pests.

Code Day(s) Date(s) **Time** Register by 57610-A 5/15 5/10 Sat. 2–4 p.m.

Cost: \$5/in-city, \$6/non-city 18 yrs. and up Ages:

Allison-Jukebox Community Center Location:

Instructor: H. Michael Simmons, Advanced Master Gardener

Eating in Season

See page 40.

Bringing Pollinators to Your Garden

Creating better habitats for pollinators increases yield in the garden. Learn the basics of attracting pollinators by creating a bee, butterfly, and hummingbird garden. The class covers which pollinator-attracting plants are easiest to grow in south central Indiana. Students receive informative handouts and a packet of seeds from Nature's Crossroads.

Code Day(s) Date(s) Time Register by 7-8:30 p.m. 57612-A Wed. 6/25/27

Cost: \$7/in-city, \$8/non-city

Ages: 18 yrs. and up Hinkle-Garton Farmstead Historic Site, 2920 E. 10th St. **Location:**

Instructor: Maggie Sullivan

Co-sponsored by Bloomingfoods. Other:

Introduction to Seed Saving



Learn the basics of seed saving from an expert organic farmer and **seedsman.** The class covers how heirloom varieties are developed, why it's important to save seeds, and the best technique for collecting tomato seeds (with a hands-on demonstration).

Code Day(s) Time **Register by** Date(s) 57616-A Thur. 6/24 7–8:30 p.m. 6/18

Cost: \$7/in-city, \$8/non-city Ages: 18 yrs. and up

Hinkle-Garton Farmstead Historic Site, 2920 E. 10th St. **Location:**

Instructor: Jeff Evard, LIFE Certified Organic Farm and

Nature's Crossroads

Other: Co-sponsored by Bloomingfoods.



Haunted by problems in your garden? Get some help from a friendly G.O.S.T. (Grow Organic Special Topic). Designed to help you improve your organic gardening skills in specific areas, these classes are open to everyone and require no previous gardening education or experience. Take one or take them all. The haunt is over—get gardening with G.O.S.T.

18 yrs. and up.

Instructor: H. Michael Simmons, Advanced Master Gardener

Compost: How To Make It Well and Use It Correctly

All compost is not created equal. Learn the secrets of making and **using nutrient-rich compost.** If you want to garden sustainably, composting is an essential process to learn and practice. The class will help you compost easily and efficiently and teach you how to use superior finished compost to provide your garden and houseplants with a bountiful supply of recycled nutrients.

Code Day(s) Date(s) Time Register by 57613-A Sat. 6/5 2–4 p.m. 6/1

\$10/in-city, \$12/non-city Cost:

Hinkle-Garton Farmstead Historic Site, 2920 E. 10th St. **Location:**

Garden Ecology: Managing Energy Resources

Gardens are ecosystems which rely upon complex interactions in order to function properly. The class introduces students to energy usage in the garden and how to manage it efficiently. Gardens make use of a variety of energy resources from solar power to human power. Topics covered include: garden design for efficient solar gain, heat control techniques, creating microclimates, minimizing "off-farm" inputs, and the kinesiology of gardening.

Code Day(s) Date(s) Register by Time 57614-A Thur. 6/10 6:30-8:30 p.m. 6/7

Cost: \$10/in-city, \$12/non-city

City Hall, Hooker Conference Room, #245 **Location:**

Plants for Difficult Places

We all have them; those places where nothing seems to grow. The class helps students find solutions to difficult landscaping situations through plant selection and easy environmental adjustments. Questions about your problem planting locations are welcome.

Code Day(s) Date(s) Time Register by 57617-A Thur. 7/15 6:30–8:30 p.m. 7/9

\$10/in-city, \$12/non-city Cost:

Location: City Hall, Hooker Conference Room, #245

Weeds in the Home Landscape

Weeds are plants out of place. Learn how to put weeds in their place without resorting to dangerous chemicals. The class includes identification and control of weeds, useful information provided by weeds, and how to spend less time weeding and more time enjoying your yard and garden.

Code Dav(s) Time Register by Date(s) 57619-A Thur. 6:30-8:30 p.m. 7/16

\$10/in-city, \$12/non-city Cost:

Location: City Hall, Hooker Conference Room, #245

Grow It Yourself: The Sustainable Food Production Tour

C

During World War II, American families grew 41 percent of the produce they consumed in backyard and community victory gardens. Now they grow less than 1 percent of the fruits and vegetables they eat. Learn about some sustainable food production opportunities in Bloomington on this fun and informative tour. Tour includes community gardens, edible landscapes, and neighborhood efforts in sustainable food production and education. Each participant receives a folder of information on sustainable food production resources. Start your morning at the Bloomington Community Farmers' Market and then board the bus for the tour (departing promptly at 10 a.m.)

 Code
 Day(s)
 Date(s)
 Time
 Register by

 57615-A
 Sat.
 6/26
 10 a.m.-2 p.m.
 6/21

Cost: \$18/in-city, \$22/non-city

Ages: 18 yrs. and up **Location:** City Hall

Other: Park in the IU "C" permit lot on the east side of Morton

Street between 9th and 10th Streets. Bus transportation and a light vegetarian lunch provided. Bring a drink, a hat, and sunscreen. Tour held rain or shine, so dress appropriately for the weather. Co-sponsored by

Bloomington Environmental Commission, Bloomington Housing and Neighborhood Development Department, Bloomingfoods, and the Center for Sustainable Living.

Season Extension in the Garden

Start planning now for a fall and winter harvest! The class will cover making a harvest calendar (so you'll know when to start seeds), constructing weather barriers, and other season-extension techniques.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 57618-A
 Thur.
 7/15
 6–8 p.m.
 7/9

Cost: \$7/in-city, \$8/non-city
Ages: 18 yrs. and up

Location: Banneker Community Center, Green Thumbs Garden

Instructor: Stephanie Solomon, Assistant Director,

Mother Hubbard's Cupboard

Other: Rain date is 7/21. Co-sponsored

by Mother Hubbard's Cupboard

and Bloomingfoods.





The Rain Gardens of Monroe County: Sustainable Stormwater Design

C

Learn what rain gardens are, how they function, and how to create your own. Following an information session and lunch, participants visit sites in Monroe County that primarily use native plants to filter stormwater. The tour showcases existing rain gardens at residential, commercial, and industrial sites. Homeowners, property managers, homebuilders, landscapers, developers, and all interested in sustainable stormwater control are encouraged to attend.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 57620-A
 Sat.
 7/24
 10 a.m.-4 p.m.
 7/21

Cost: \$10/in-city, \$12/non-city
Ages: 18 yrs. and up
Location: Twin Lakes Lodge

Other:

Instructors: Heidi Russell-Wagner (Monroe County Planning),
Linda Thompson (City of Bloomington Environmental
Planner), Cathy Meyer (Monroe County Parks and
Recreation Naturalist), Todd Stevenson (Monroe County

Drainage Engineer), and Kriste Lindberg (City of

Bloomington Environmental Educator)
Bring a sack lunch and drink, Materials and

transportation to rain garden sites provided. Tour held rain or shine, so dress appropriately for the weather. Co-sponsored by Bloomington Environmental

Commission/Bloomington Commission on Sustainability
Joint Water Committee, Bloomingfoods, and the Center

for Sustainable Living.

Grow Organic Educator Series

Learn organic gardening from the experts and share your knowledge with the community in this organic outreach horticultural certification program, which covers soil science, seed saving, and everything in between. Complete the course and volunteer hours in a number of community projects to be certified as a Grow Organic Educator or just take the course for your own

enrichment. Get gardening with GOES!

Code Day(s) Date(s) Time Register by 57621-A Wed. 9/1–12/1* 6–9 p.m. 8/25

Cost: \$120/in-city, \$150/non-city (13 classes, 39 hours)

Textbook and comprehensive reference notebook

included in fee. 18 yrs. and up

Ages:

Location: Bloomington High School South, 1969 S. Walnut St.

Instructor: A team of organic gardening experts

Other: *Class does not meet on 11/24. A number of

optional Saturday workshops and field trips are scheduled. Co-sponsored by the Center for Sustainable Living and Bloomingfoods.



Cooking, Food, and Drink

Sunday Brunch at the Winery

The menu: farm fresh eggs with mild salsa verde, smoked salmon, and cheddar; seared Black Angus tenderloin with mint and coriander gravy; home fries with spinach, onions, and mushrooms; thick slices of French toast; and fresh fruit compote soaked in warm Oliver port. The concept: We'll do the cooking—you do the looking and the eating! A full meal with demonstration of two items by Chef Matt O'Neill. The event includes a guided tasting of Oliver wines.

Code Day(s) Date(s) Time Register by 47633-A Sun. 5/16* 1-3 p.m.5/11

Cost: \$40/in-city, \$49/non-city

Ages: 21 yrs. and up

Location: Oliver Winery, 8024 N. Hwy. 37

Instructor: Chef Matt O'Neill

Other: *Rain date is 5/30. Registration for the brunch indicates

availability for rain date. Co-sponsored by Bloomington

Cooking School.

Eating in Season

Learn how to prepare what's in season for a varied and healthy diet! Preparation of a meal is included, so bring your appetite, bowl, plate, and eating utensils.

Code Day(s) Date(s) **Time** Register by 57632-A 5/19 Wed. 6:30-8:30 p.m. 5/12

Cost: \$11/in-city, \$14/non-city

Additional materials fee of \$5 payable to instructor at class.

Ages: 18 yrs. and up

Location: Banneker Community Center, Kitchen

Instructor: Jamie Scholl

Other: Co-sponsored by Bloomingfoods. Free childcare available

for children ages 8-12 yrs.

Dinner Made Easy: An Introduction to Freezer Meals

If you're tired of hearing "What's for dinner?", here's an easy answer. In one night, learn how to make quickly prepared meals and keep them in the freezer to heat and eat. Participants prepare a variety of meals for freezing, including Lemon-Rosemary Pork Loin, Raspberry Glazed Chicken, Italian Stuffed Meatloaf, Overnight Freezer French Toast, and Chocolate Decadence Freezer Pie for dessert. Learn the basics of freezer meal preparation and storage, as well as how to cut your grocery bills by shopping smarter.

Code Dav(s) Date(s) **Time** Register by 57631-A 5/25 Tue. 6:30-9:30 p.m. 5/19

Cost: \$18/in-city, \$21/non-city

> Additional materials fee of \$40 payable to instructor at class (covers materials for 4 entrées, 4 servings each—enough for

16 meals plus one 6–8 serving dessert).

Ages: 18 yrs. and up

Location: Banneker Community Center, Kitchen

Instructors: Lisa Ross and Nikki Wolf

Other: Co-sponsored by Bloomingfoods. Free childcare available

for children ages 8-12 vrs.

Brasil Bahiana: Acaraié and Vatapá

Help prepare and eat a traditional Brazilian meal from Bahia. We'll make acarajé, a Brazilian version of falafel made with black-eyed pea fritters deep fried in dende (palm) oil until golden brown and then split and served with *vatapá*, a creamy paste made with shrimp, coconut milk, and *dende*. The meal includes traditional Malagueta chili-pepper sauce and tomato salad, with beijo de coco (coconut balls) for dessert. Students receive meal preparation instructions and recipes.

Code Dav(s) Date(s) Time Register by 57633-A 6/10 Thur. 6-8 p.m. 6/3

Cost: \$10/in-city, \$12/non-city

Additional materials fee of \$15 payable to instructor at class.

18 yrs. and up Ages:

Location: Food Works for Middle Way House Kitchen,

318 S. Washington St.

Instructors: Marcia Pluta-Figueiredo and Sylvia Figueiredo

Other: Co-sponsored by Bloomingfoods.

Food Preservation

Learn about the many ways to preserve food this harvest season.

The class covers canning, fruit preserving, drying, and freezing, as well as traditional salting and lacto-fermentation. The class includes a hands-on food preservation demonstration and tasting.

Code Day(s) Date(s) Time Register by 57634-A Thur. 8/12 6-8 p.m. 8/5

Cost: \$8/in-city, \$9/non-city

Ages: 18 yrs. and up

Food Works for Middle Way House, **Location:**

318 S. Washington St.

Instructor: Stephanie Solomon, Nutrition Education

Coordinator, Mother Hubbard's Cupboard

Other: Co-sponsored by Mother Hubbard's Cupboard,

Food Works for Middle Way House, and Bloomingfoods.

Moonlight Supper on Clear Creek Bridge

Moonlight on the water; crickets and drowsy birds chirping; a natural setting and naturally good food are waiting where Clear Creek murmurs softly under the Harris Ford Bridge. Add the most exquisite tastes of a delicious meal and you have an experience not to be missed. A food demonstration, a meal, and romance for one low price! Look for details in the fall program guide (published in August). Don't miss this popular annual event!

Saturday, September 11* Date:

Time: 6-8 p.m. Register by: 9/7

Ages: 18 yrs. and up

Location: Clear Creek, Church Lane Trailhead

Other: *Rain date is 9/25. Registration indicates availability for

both the scheduled and rain dates.



Healthy Heart Tip!

Make half your grains whole. Vary your veggies. Focus on fruits. Get your calcium-rich foods. Go lean with protein.



Health & Wellness



Kripalu Yoga

Kripalu is a compassionate, self-accepting type of Hatha yoga that connects body, mind, and spirit. The class emphasizes breath awareness, and students are encouraged to work within the limits of their individual flexibility and strength. Bring a yoga mat and a blanket.

Code Day(s) Date(s) Time Register by 57643-A Tue. 5/11–6/29 6:30–7:30 p.m. 5/5

Cost: \$33/in-city, \$41/non-city (8 classes, 8 hours)

Ages: 18 yrs. and up

Location: The Project School, 349 S. Walnut St. **Instructor:** Shawn Miya, Certified Kripalu Yoga Teacher

RELAX: It's All Well and Good!

The workshop focuses on practical self-healing methods that give participants lifelong skills to use in managing stress, including self massage, yoga, breathing, meditation, and cognitive behavioral techniques.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 57644-A
 Mon.
 5/24
 6:30-8:30 p.m.
 5/19

Cost: \$9/in-city, \$10/non-city

Additional materials fee of \$15 payable to the instructor

at class for an interactive stress training book.

Ages: 18 yrs. and up

Location: City Hall, Kelly Conference Room, #155

Instructor: Beth Moses

Latin Street Dance

See page 43.



Marcia Pluta-Figueiredo demonstrates the preparation of a traditional Brazilian dish.

· Yoga Classes -

Bring a mat, a yoga block, and a belt or strap if you have one. If not, call 349-3737 for more information on these class supplies.

For ages 18 yrs. and up.

Allison-Jukebox Community Center
Instructor: Aaron Fleming, certified Iyengar yoga teacher

Yoga: Level 1

Taught in the Iyengar tradition, which is known for its emphasis on safety and alignment, **this beginner's class is suitable for those new to yoga.** The class emphasizes standing poses, the foundation of the Iyengar method, and introduces preparations working up to shoulderstand.

Code	Day(s)	Date(s)	Time 1	Register by
57640-A	Sat.	5/8-6/19*	11:15 a.m12:15 p.m.	5/3
57640-B	Tue.	5/25-6/29	7–8 p.m.	5/19
57640-C	Sat.	7/17-8/21	11:15 a.m12:15 p.m.	7/12
57640-D	Tue.	7/13-8/17	7–8 p.m.	7/7

Cost: \$45/in-city, \$55/non-city (6 classes, 6 hours)

Other: *Class does not meet 5/29.

Yoga: Level 1-2

Taught in the Iyengar method, which is known for its emphasis on safety and alignment, this class is **suitable for beginners who are more athletic or those with previous yoga experience but new to the Iyengar method.** Standing poses, shoulderstand and plough pose are used.

Code	Day(s)	Date(s)	Time	Register by
57641-A	Sat.	5/8-6/19*	9:30-11 a.m.	5/3
57641-B	Sat.	7/17-8/21	9:30-11 a.m.	7/12

Cost: \$48/in-city, \$59/non-city (6 classes, 9 hours)

Other: *Class does not meet 5/29.

Yoga: Level 2

Taught in the Iyengar method, which is known for its emphasis on safety and alignment, this class requires completion of Yoga 1–2 or permission from the instructor. The class advances the student's understanding and practice.

***************************************	S b			
Code	Day(s)	Date(s)	Time	Register by
57642-A	Thur.	5/13-6/17*	7–8:30 p.m.	5/6
57642-B	Thur.	6/24-8/5	7–8:30 p.m.	6/17

Cost: \$48/in-city, \$59/non-city (6 classes, 9 hours)

Other: *Class does not meet 7/8.

Bollywood Dancefit

See page 43.

Health & Wellness (continued)



Roller Skating

The class teaches the fundamentals of roller skating, which will help students maintain better balance and control while enjoying a great aerobic exercise. **Learn basic skills to increase your confidence on skates!** Skate rentals available.

Code Day(s) Date(s) Time Register by 57658-A Sun. 6/6–6/27 6–7 p.m. 6/1

Cost: \$11/in-city, \$14/non-city (4 classes, 4 hours)

Ages: 18 yrs. and up

Location: Western Skateland, 930 W. 17th St.

Instructor: Brian Courtney, Society of Roller Skating Teachers

Other: Co-sponsored by Western Skateland.

Tai Chi Chuan

Tai chi is a slow-moving, gentle but demanding health and relaxation exercise that can be used by people of all ages. Scientific studies indicate that tai chi is especially good for the heart, lungs, and skeletal muscles. It is helpful in weight control, stress reduction, balance, coordination, concentration, and meditation. Sessions are for eight weeks, but participants may join the class at any time.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 57645-A
 Tue.
 6/1–7/20
 6:30–7:30 p.m.
 5/26

 57645-B
 Tue.
 7/27–9/14
 6:30–7:30 p.m.
 7/21

Cost: \$46/in-city, \$56/non-city (8 classes, 8 hours)

Ages: 18 yrs. and up
Location: Third Street Park
Instructor: Elisa K. Pokral,

Certified Tai Chi Instructor



Basic Roller Dancing

Learn the steps to traditional skating dances such as waltz, tango, and blues, while skating to organ music. A basic skill level is required, but backward skating is not necessary to learn the basic dances. If you already know ballroom or other dances, you'll be amazed to feel what it's like to truly glide across the floor. Skate rentals available, but using your own skates is encouraged for this class.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 57661-A
 Sun.
 7/11–8/1
 6–7 p.m.
 7/7

Cost: \$11/in-city, \$14/non-city (4 classes, 4 hours)

Ages: 18 yrs. and up

Location: Western Skateland, 930 W. 17th St.

Instructor: Brian Courtney, Society of Roller Skating Teachers

Other: Co-sponsored by Western Skateland.

Yoga for Prosperity

Cultivate abundance as you open yourself to the world around you through a special series of Kundalini yoga and meditation classes. Kundalini yoga as taught by Yogi Bhajan uses movement, breath, mantra, and meditation to strengthen and stretch both your body and your mind. All levels are welcome, and the class is suitable for beginners. Bring a yoga mat and/or blanket.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 57646-A
 Mon.
 7/12–8/16
 6:30–8 p.m.
 7/7

Cost: \$45/in-city, \$54/non-city (6 classes, 9 hours)

Ages: 18 yrs. and up

Location: Allison-Jukebox Community Center

Instructor: Kim Kanney, KRI Certified Kundalini Yoga Instructor,

National Yoga Alliance Approved

Music & Dance



Allison-Jukebox Community Center For ages 18 yrs. and up • Instructor: Margot Scholz Cost: \$54/in-city, \$67/non-city (6 classes, 6 hours)

Experience six weeks of professional ballroom instruction in swing, cha cha, rumba, waltz, foxtrot, and blues. Students master the steps and stylings in easy modules and learn which dances work with which music. Ballroom dancing is both an important social skill and also an enjoyable low-impact aerobic exercise. Have a convivial Friday evening while learning new skills and staying healthy!

Ballroom Dancing: Beginning

Code	Day(s)	Date(s)	Time	Register by
47650-C	Fri.	5/7-6/11	6:30–7:30 p.m.	4/29
57650-A	Fri.	6/18-7/23	6:30–7:30 p.m.	6/14

Ballroom Dancing: Intermediate

Code	Day(s)	Date(s)	Time	Register by
47651-C	Fri.	5/7-6/11	7:30-8:30 p.m.	4/29
57651-A	Fri.	6/18-7/23	7:30–8:30 p.m.	6/14

Beginning Harmonica

Learn basic harmonica techniques required to play some folk standards. The class includes an introduction to playing blues, rock, and gospel music. No previous knowledge of music is required. Bring a "C" harmonica to class. Call 349-3737 for additional information.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 57652-A
 Tue.
 5/11–6/1
 7–8:30 p.m.
 5/6

Cost: \$31/in-city, \$38/non-city (4 classes, 6 hours)

Ages: 18 yrs. and up

Location: City Hall, Hooker Conference Room, #245

Instructor: Dick Hartung

Beginning Mountain (Lap) Dulcimer

Students will learn simple tunes and chords, how to read "tab," tune the instrument, and play a basic strum pattern. No previous experience with the dulcimer is required. Bring your own instrument, or one is provided for use during the class for a \$25 refundable deposit. An instruction book is available from the instructor for \$12.

Code Day(s) Date(s) Time Register by 57653-A Wed. 5/19–6/16 6:30–8 p.m. 5/13

Cost: \$31/in-city, \$38/non-city (5 classes, 7½ hours)

Ages: 18 yrs. and up

Location: The Project School, 349 S. Walnut St.

Instructor: Susan Colston

Fundamentals of Middle Eastern Dance

Participants learn the basics of Middle Eastern dance, also known as raks sharki or belly dance. Find the spirit of dance through this exciting and empowering art form—exercise for the body, expression for the soul. Participants need to purchase finger cymbals. Details are given during the first class. Session II is a continuation of Session I; however, beginning students may join Session II.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 57654-A
 Wed.
 6/2-6/30
 6:30-7:30 p.m.
 5/27

 57654-B
 Wed.
 7/14-8/11
 6:30-7:30 p.m.
 7/8

Cost: \$54/in-city, \$64/non-city (5 classes, 5 hours)

Ages: 18 yrs. and up

Location: Allison-Jukebox Community Center
Instructor: Lois Silverman, Mazikeen Arts

Intermediate Middle Eastern Dance



Participants refine and expand their mastery of Middle Eastern dance, while experimenting with solo dancing, creative play, zillwork, and group improvisation. "Fundamentals of Middle Eastern Dance" is a prerequisite for this class. Bring finger cymbals, if you have them—information on purchase at first class.

Code	Day(s)	Date(s)	Time	Register by
57655-A	Wed.	6/2-6/30	7:45-8:45 p.m.	5/27
57655-B	Wed.	7/14-8/11	7:45–8:45 p.m.	7/8

Cost: \$54/in-city, \$64/non-city (5 classes, 5 hours)

Ages: 18 yrs. and up

Location: Allison-Jukebox Community Center **Instructor:** Lois Silverman, Mazikeen Arts

Bollywood Dancefit

Dance your way to fitness today with an upbeat aerobics class

based on the music and dance of popular Bollywood films. "Jai Ho!"

 Code
 Day(s)
 Date(s)
 Time
 Register by

 57657-A
 Sat.
 6/5-7/31*
 9-9:50 a.m.
 6/1

Cost: \$35/in-city, \$44/non-city (8 classes, 6 hours, 40 minutes)

Ages: 18 yrs. and up

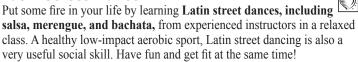
Location: Panache School of Ballroom and Social Dance,

311 E Winslow Rd., Winslow Plaza

Instructor: Darrelyn Valdez

Other: *Class does not meet 7/3.

Latin Street Dance



 Code
 Day(s)
 Date(s)
 Time
 Register by

 57656-A
 Sat.
 6/5-7/31*
 2-3 p.m.
 6/1

Cost: \$54/in-city, \$67/non-city (8 classes, 8 hours)

Ages: 18 yrs. and up

Location: Panache School of Ballroom and Social Dance,

311 E Winslow Rd., Winslow Plaza

Instructors: Sandra and Scott Myers **Other:** *Class does not meet 7/3.



Beginning Guitar

The class offers beginners with little or no experience an opportunity to learn basic chords, popular songs, and blues improvisation. The class also covers simple music theory concepts and how to apply them to guitar playing. Bring an acoustic guitar or an electric guitar with amp and cord.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 57659-A
 Mon.
 6/7-8/2*
 8-9 p.m.
 6/2

Cost: \$30/in-city, \$37/non-city (8 classes, 8 hours)

Ages: 18 yrs. and up

Location: City Hall, Hooker Conference Room, #245 **Instructor:** Aaron Chandler, Chandler's Music Education

Other: *Class does not meet 7/5.

Zimbabwean Dance for Beginners

Learn powerful and community-affirming dances from Zimbabwe.

Participants master the steps of two traditional dances with the opportunity to learn singing and percussion as well.

Code Day(s) Date(s) Time Register by 57660-A Mon. 6/7–7/19* 7–8 p.m. 6/2

Cost: \$38/in-city, \$46/non-city (6 classes, 6 hours)

Ages: 18 yrs. and up

Location: Allison-Jukebox Community Center

Instructor: Abby Byers

Other: *Class does not meet 7/15.

Arts & Crafts

Basic Glass Bead Fusing

Participants learn how to **cut glass into decorative shapes and melt it into wearable art.** The class covers the basics of kiln safety and details of fusing and glass working. Participants may pick up their beads when convenient. All materials are included in fee.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 47663-A
 Tue.
 4/27
 5:30–7:30 p.m.
 4/21

Cost: \$42/in-city, \$52/non-city

Ages: 18 yrs. and up

Location: Be Glass, 3808 W. Vernal Pk.

Instructor: Ross Thackery

Other: Co-sponsored by Be Glass.



Sun Painting

Sun painting or heliographic art utilizes photosensitive fabric paints applied to fabrics on which leaves, feathers, or stencils are then placed. This simple and effective decorative technique uses direct light from the sun or from bright artificial light to fix color in exposed areas, leaving silhouettes of the objects placed on the fabric.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 47664-A
 Sat.
 5/1
 11 a.m.-12:30 p.m.
 4/26

Cost: \$6/in-city, \$7/non-city.

Additional \$12 materials fee payable to instructor at class.

Ages: 18 yrs. and up

Location: Hinkle-Garton Farmstead Historic Site, 2920 E. 10th St.

Instructor: Marcia Pluta-Figueiredo

Have Fun with Watercolor!

Both beginning and experienced artists will find the class useful. **Step-by-step instructions and demonstrations make mastery easy.** Projects include creating movement in paintings, using collage plus watercolor to create texture, and painting a coastal scene with different skies.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 47665-A
 Tue.
 5/18-6/1
 6-8 p.m.
 5/12

Cost: \$32/in-city, \$39/non-city (3 classes, 6 hours)

Additional \$5 materials fee payable to instructor at class.

Ages: 18 yrs. and up

Location: Allison-Jukebox Community Center

Instructor: Jeanne Iler

Jewelry Making

The instructor provides step-by-step instructions and helpful tips for making designer jewelry. Participants explore a variety of materials and techniques. The class includes making beads, small bowls, and jewelry from polymer clay; making matching brooch and earrings with Friendly Plastic[®]; and making earrings, a pin, and a magnet with Shrinky Dinks[®].

 Code
 Day(s)
 Date(s)
 Time
 Register by

 47666-A
 Thur.
 5/20–6/3
 6–8 p.m.
 5/13

Cost: \$32/in-city, \$39/non-city (3 classes, 6 hours)

Additional \$20 materials fee payable to instructor at class.

Ages: 18 yrs. and up

Location: Allison-Jukebox Community Center

Instructor: Jeanne Iler

Arts & Crafts (continued)

Creating a Gift Basket

Learn the art of gift basket creation and save money on gifts. Students make a gift box in class and take home a basket, supplies, and the skills to create more gift baskets.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 57665-A
 Tue.
 6/15
 6-7:30 p.m.
 6/9

Cost: \$7/in-city, \$8/non-city

Additional \$20 materials fee payable to instructor at class.

Ages: 18 yrs. and up

Location: Old National Bank, 2718 E. Third St. **Instructors:** Teresa Jewell and Candy Carpenter

<u>Business</u>

Starting a Specialty Food Business

The class provides information about joining the Bloomington Kitchen Incubator (BKI), a new nonprofit organization which supports fledgling food businesses. BKI helps entrepreneurs write business plans, navigate health code requirements, access a commercial kitchen facility (primarily Food Works for Middle Way House), develop appropriate labels and packaging, and distribute products. The class is perfect for gardeners and farmers wishing to use BKI to make value-added products from garden-fresh produce.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 57670-A
 Wed.
 6/16
 7-8:30 p.m.
 6/10

Cost: \$6/in-city, \$7/non-city
Ages: 18 yrs. and up

Location: Food Works for Middle Way House Kitchen,

318 S. Washington St.

Instructor: Maggie Sullivan

Other: Co-sponsored by Bloomington Kitchen Incubator.

Women Entrepreneurs: Specialty Food Businesses

Prepare to be inspired (and well fed) as you hear from some of the women starting specialty food businesses as part of the Bloomington Kitchen Incubator (BKI). They will share their stories of challenges and successes in making their business dreams come true. The class is perfect for those with an interest in local food, for small business owners, and for those who have an interest in starting a business.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 57671-A
 Tue.
 8/3
 7-8:30 p.m.
 7/28

Cost: \$6/in-city, \$7/non-city

Ages: 18 yrs. and up

Location: Food Works for Middle Way House Kitchen,

318 S. Washington St.

Instructor: Maggie Sullivan

Other: Co-sponsored by Bloomington Kitchen Incubator.

Lectures & Workshops

Preventing Elder Crimes

The presentation focuses on some of the primary areas of concern regarding crimes against elders, including identity theft, financial exploitation, home improvement fraud, and power of attorney.

Participants learn how to avoid becoming victims of these crimes and receive handouts and DVDs which explore some of the topics in more depth.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 57680-A
 Thur.
 7/8
 6:30-8 p.m.
 7/1

Cost: FREE
Ages: 18 yrs. and up

Location: Old National Bank, 2718 E. Third St.

Instructor: Chris Gaal, Monroe County Prosecutor
Other: Co-sponsored by the Elder Crimes Task Force.

How to Teach for People's University

If you have skills or knowledge you'd like to share with other community members, here's a free class to help you become a People's University instructor. The class covers class planning, budgeting, facilities, proposal writing, and contracts. Participants receive the People's University Instructor Manual, assistance with curriculum development, and tips on working with adult learners.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 57681-A
 Thur.
 8/26
 6:30–8:30 p.m.
 8/19

Cost: FREE
Ages: 18 yrs. and up

Location: City Hall, Hooker Conference Room, #245

Instructor: H. Michael Simmons



Students learn hands-on how to make quick and easy meals in the **Dinner Made Easy:** An Introduction to Freezer Meals.



Healthy Heart Tip!

Activities such as yard work and cleaning house can burn calories and give your heart a healthy boost.

Volunteer Opportunities

Look for the volunteer symbol throughout this program guide.



For a complete listing of upcoming volunteer opportunities visit www.bloomington.in.gov/parks.

If you would like to volunteer with Parks and Recreation, receive a Volunteer Opportunities brochure, or be added to our Volunteer Opportunities e-mail list, contact Kim Ecenbarger at 349-3739 or ecenbark@bloomington.in.gov.

Winter-Spring 2010 BRAVO Award Recipients

February: Ivy Tech's *ECED 101, Health, Safety and Nutrition for Young Children* for their outstanding contributions to the

2010 Children's Expo.

March: Bloomington Indiana Grotto for their long-standing

commitment to the Adopt-A-Trail program.

April: Sarah Cole for ongoing integration of service learning into her course curriculum and for focusing on the

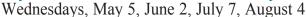
preservation of our natural resources.

Be More Award Nominees

Dave Everton for sharing his love of caves with Leonard Springs Nature Day participants and being an all-around utility volunteer.

Marcia Meyer for sharing her appreciation and love of the Bloomington Community Farmers' Market with Market patrons.

Bryan Park Creek Maintenance Days



Parks and Recreation has earned Community Wildlife Habitat certification from the National Wildlife Federation. The Bryan Park Creek naturalized area played a key role in certification and requires periodic maintenance to control invasive species and ensure native plant success.

Duties: Volunteers assist with monthly upkeep of this natural area! Help maintain the native plants along beautiful Bryan Park Creek.

Program time: 5:30-7 p.m.

Location: Bryan Park—Meet at the Woodlawn Avenue shelter.

Age of volunteers: 12 yrs. and up (children under 12 yrs. must be accompanied

by an adult.)

Number of volunteers: 5-30

Learn to Ride

Tuesday—Thursday May 11–13, and May 18–20

Beginning bicycle riders will be prepared to spend the entire summer cruising on their bicycles after this Bloomington Bikes Week program. Participants learn how to confidently and safely ride their bikes through individual instruction, and also learn about bike maintenance, road safety, and proper bike and helmet fittings.

Duties: Proper instruction is an important aspect of bicycle riding. Help teach children riding etiquette and techniques that will keep them safe.

Program time: 4-5:30 p.m.

Location: Bryan Park Pool—parking lot Age of volunteers: 18 yrs. and up Number of volunteers: 8 per day

National Trails Day

Saturday, June 5

National Trails Day 2010 will celebrate the event's 18th anniversary! Hiking trails allow us to keep in touch with the natural world while getting exercise and relieving stress. A variety of recreation, fitness and transportation goals can be achieved with a good trail system. Lunch will be served to all volunteers.

Duties: Volunteers are needed to help maintain Griffy Lake Nature Preserve.

Program time: 9 a.m.-Noon

Location: Griffy Lake Nature Preserve—Meet at the boathouse.

Age of volunteers: 14 yrs. and up. Children under 16 yrs. must be accompanied by an adult

Number of volunteers: 5-30

Wellness Challenge of Bloomington

Saturdays, June 19, July 17, and August 7

A team-based initiative aimed at improving the wellness of the Bloomington community through an abundance of unique activities, seminars, and screenings. By creating "healthy" competition, we encourage participants to improve their overall health as well as increase camaraderie in our community.

Duties: Volunteers help run monthly events associated with the Wellness Challenge of Bloomington. Events have a health focus and may include registering participants, assisting with screenings or leading activities.

Saturday, June 19: 8 a.m.–Noon at Third St. Park Saturday, July 17: 7 a.m.–1 p.m. at Showers Plaza

Saturday, August 7: 8 a.m.-Noon at Twin Lakes Recreation Center

Age of volunteers: 18 yrs. and up **Number of volunteers:** 10 per day

Messy Mania

Wednesday, July 21

Children do all those messy art activities that parents want to do at home, but don't want the mess. Instead, they bring their preschoolers to join in our messy fun. Wear clothing you don't mind getting messy.

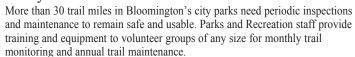
Duties: Have oney gooey fun helping kids make oney gooey projects! Volunteers assist with preparation, hands-on activities and don't forget the cleanup that follows.

Program time: *Shift #1*, 9 a.m.–12:30 p.m./*Shift #2*, 12:15–4 p.m.

Location: Rev. Ernest D. Butler Park Age of volunteers: 14 yrs. and up Number of volunteers: 12 per shift

Adopt-A-Trail

One year commitment



Duties: Inspect adopted trail at least once a month. Complete and submit reports on trail status. Provide maintenance as needed. Do at least one work day per year. Staff work with your group or organization to formulate a work plan. **Program time:** Trail inspections can be completed at your convenience.

Schedule your trail work day with the Adopt-a-Trail coordinator.

Location: Various trails

Age of volunteers: 12 yrs. and up **Number of volunteers:** Groups of all sizes.

Citizen Scientist Certification

One year to complete certification

Parks and Recreation offers a unique opportunity for community members: *Citizen Scientist certification.* To receive the novice certificate, participants must complete at least one environmental education or scientific monitoring workshop, or attend two scheduled programs indicating a Citizen Scientist opportunity. Candidates must also volunteer at least 10 hours monitoring and maintaining the City's natural areas. Advanced levels are available.

Duties: Volunteers work on various service learning projects, including but not limited to stream monitoring, trail maintenance, invasive species removal, species tracking, and storm drain marking.

Program time: Various **Location:** Various

Age of volunteers: 14 yrs. and up

Volunteer to Maintain our Natural Spaces 🕼

Schedule a day, May-November

Help maintain and restore some of Bloomington's most scenic natural areas. Many volunteer projects are available throughout the Bloomington community.

Duties: Staff will work with your group or organization to formulate a work plan. Duties may include applying woodchips or gravel to paths, removing invasive plant species, trimming obstructive vegetation or re-routing trails.

Program time: Schedule your group for a three- to four-hour shift. **Locations:** Various City parks and trails.

Age of volunteers: 12 yrs. and up Number of volunteers: 5–25



Special thanks to our Parks Partners! So many of our programs and events are made possible through the involvement and sponsorship of local businesses and organizations. Sponsorship comes in the form of products, gift certificates, media sponsorship, services and dollars. We'd like to thank the following sponsors for their involvement this past program season.



Congratulations to:



Bloomington Iron and Metal was the recipient of last season's Parks Partner Award.

This award honors businesses for outstanding support and sponsorship of programs and events.

Bloomington Iron & Metal, Inc. is a locally owned family business that buys, processes, and sells scrap metal for recycling and has been doing so at the same location for over 50 years.

The Bloomington Youth Basketball program grew in size and scope last season. Over three years, Bloomington Iron and Metal has contributed \$4,500 as a three-year Slam Dunk sponsor.

Parks and Recreation thanks Bloomington Iron and Metal for valuing community and for their consistent support of Parks and Recreation programming.

Parks Contributors

Associates of Integrative Health Aver's Pizza Bikesmiths Bicycle Shop Bloom Magazine Bloomingfoods Bloomington Bagel Company Bloomington Pediatric Dentistry Chipotle Dr. J. Keith Roberts, DDS Hoosier Eye Doctor IU Athletics Nailtique Rally's Scholar's Inn Bakehouse United Way of Monroe County

Parks Supporters

Bicycle Garage, Inc. Hartzell's Ice Cream Mad Mushroom McDonald's Perfect Illusions PrintMasters Starlight Drive-In Winters Associates

Parks Patrons

A Total Tan
Bear's Place
Bluebird
Butch's Grillacatessen & Eatzeria
CFC, Inc.
Classic Bowling Lanes
Crazy Horse
Dats

Different Drummer
Downtown Bloomington Inc.
First Health Care Group
Hoosier Tire and Retreading
Indiana Running Company
Iron Pit Gym Fitness
Monroe Smart Start
Oliver Winery
Outback Steak House
Pinnacle School
Pizza X
Southern Indiana Pediatrics
Scotty's

Parks Donors

The Travel Authority

Bajio Mexican Grill Baked! Bloomington Car Wash **Butler Winery** Café Pizzaria Childhood Connections Ellen Campbell Jewelry Design Honeybaked Ham Inseam Denim Supply IU Students In Free Enterprise Malibu Grill Monroe County Parks and Recreation Nolan's Lawn Care Service, Inc. Runcible Spoon Scenic View Restaurant Sherry Holliday,

Developmental Therapist

Take a look at some of our Summer 2010 Sponsorship Opportunities:

Bikes Week

Market: General community

Drool in the PoolMarket: Pet owners

Sport Shorties Fall Ball

Market: Parents with young children/athletic market

B-Line Backer

Market: General community

Twin Lakes Recreation Center

Market: General community and regional exposure

For a complete list of sponsorship opportunities along with marketing benefits, visit www.bloomington.in.gov/parks and click on the "About Parks and Recreation" link, and then the Sponsorship Opportunities" link.

Contact Special Services Coordinator Kim Ecenbarger at 349-3739 or ecenbark@ bloomington.in.gov to align your business with Bloomington Parks and Recreation Department programs or events.

Parks Partners

Arthur Murray Dance Studio Bloomington Hospital Bloomington Iron and Metal, Inc. Clariti, Inc. Clear Creek Christian School Curry Buick Auto Center IU School of Optometry Kirkwood Photo Noodles and Company Osmon Chiropractic Center Papa John's Capital Pizza, Inc. Smith's Shoe Center Stephens Honda-Hyundai Summer Star Foundation Twisted Limb Paperworks, LLC White River Co-op

Yogi's Grill and Bar

Sweetgrass









Sponsorship Benefits

Recognition Your business name will appear in our seasonal program guide, mailed to area households, and may also appear in other promotional materials such as posters, flyers, ads, our Web site or on-site signage.

Community Support Your sponsorship dollars directly support programs and services for Bloomington-area residents. We partner with many other local agencies to bring participants the best possible entertainment, educational and recreational programs.

Would you like to make this list?

This brochure reaches approximately 30,000 households in the Bloomington area, and your business name can be added to this list. Our friendly sponsorship coordinator is happy to send you a list of sponsorship opportunities currently available. All you have to do is ask!

Give Kim Ecenbarger a call at 349-3739, or e-mail ecenbark@bloomington.in.gov.

A list of current and upcoming sponsorship opportunities is available on our Web site at **www.bloomington.in.gov/parks.**Your sponsorship means our programs can be offered at a quality level and affordable price to participants.





Community Relations Manager Julie Ramey makes announcements at Drool in the Pool.

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Rob Turpin	Operations Crew Leader
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How To Register: Choose one of five ways

REGISTER 🧥 WALK IN

Online registration available 24-7! Visit us on the Web: www.bloomington.in.gov/parks Secured for credit card payment.

Register in person

by coming to the City of Bloomington Parks and Recreation office located in City Hall at 401 N. Morton St., Ste. 250, Monday-Friday, 8 a.m. until 5 p.m.



Simply complete the registration form and send it to **Bloomington Parks** and Recreation 401 N. Morton St., Ste. 250 Bloomington, IN 47404 Registrations must be received before the deadline.



DROP OFF

Fax a completed registration form to (812) 349-3705. Be sure to include your Visa or Mastercard number and expiration date. Available 24 hours a day!

A convenient drop box is located outside City Hall. at the "401" address doors. Drop off your registration after hours or whenever it's convenient for you. Make sure you drop off before the registration date.

AM I A CITY OF BLOOMINGTON RESIDENT? A resident is any person who resides within the City's corporate limits. Do you pay Bloomington property taxes? Do you have a City of Bloomington trash pickup service? If you can answer "yes" to both of these questions, then you are a "City of Bloomington Resident." If you are in an apartment and unsure if the property is "in-city" we can verify by checking your address. Even if your mailing address is "Bloomington," it does not necessarily mean you are a City resident. Please call the City of Bloomington Parks and Recreation office at 349-3700 if you have residency questions.

FEES AND CHARGES City of Bloomington Parks and Recreation is a City of Bloomington department under the administration of the Mayor of Bloomington. City of Bloomington residents, through property taxes, make a significant contribution to the operation of the park system. Non-resident fees are charged so non-resident participants can fairly contribute to overall financing of the park system. Fees are listed separately for City of Bloomington residents and non-city residents. Residency verification may be requested.

WAIVER OF LIABILITY The City of Bloomington is not responsible for any injuries sustained as a result of participation in any department sponsored activity, or while using departmental facilities. It is recommended that anyone enrolled in a program or using facilities make provisions for adequate coverage within their own insurance plan.

LATE REGISTRATION Any registrations received after the deadline date may be subject to a late registration fee.

REFUND POLICY No refunds are provided after the first day of a program. All refunds are subject to a \$2 fee. If the \$2 charge does not cover costs incurred by the department, the refund may be pro-rated in addition to the \$2 charge. There are no refunds on season passes. Full refunds are given on all programs cancelled by City of Bloomington Parks and Recreation.

WAITING LISTS If your desired class is filled, you will be notified and placed on a waiting list.

REGISTRATION PROCEDURES Complete the registration form, online or hard copy, making sure all information is current and correct. Parent/guardian information is vital in the event of an emergency. Include all pertinent information, including the program code listed beside the program information. Read and sign the waiver statement located in the lower left area of the registration form. Pay by check, money order, Visa or Mastercard. Make checks payable to Bloomington Parks and Recreation. If paying by credit card, please include the card number, expiration date and signature in the spaces provided. *Full payment* is required at the time of registration. Forms will be processed in the order received. Register early! All forms must be received by the registration deadline. City of Bloomington Parks and Recreation is not responsible for lost or late mail. Registration receipts will be mailed to you. This is not a guarantee of enrollment, but an acknowledgement of your registration. We will contact you by phone or mail if there is a problem with your registration.

PROGRAM REGISTRATION FORM										
Name Home Phone										
(parent/guardian if participant is under 18 or under legal guardianship)										
Street Address Work Ph					one					
City State Zip En			Emergen	gency Contact						
City of Bloomington Resident? Yes (If you are unsure of your residency status, pleas	ddress									
How did you hear of this program? Program Guide Newspaper Flyer Friend E-mail Web site Previous Participant Other										
Participant Name	M/F	Birthdate	Shirt Size	Prog	gram Name	Class Code	Fee			
Inclusive Service Request:					Include Your Vo	Juntary Donation	\$1			
Reasonable accommodations are needed to participat	e in above p	orogram(s) related to	specific needs associa	ated with a	☐ Youth Scholarship Fund \$3					
disability. (circle one) YES NO If YES, please complete an Inclusion Assessment and the Inclusive Recreation Coordinator will contact you. We request at least							\$5 Other \$			
two weeks notification for reasonable accommodations re	•		•		Recreation Foundation					
The undersigned is the adult Program Participant, or is undersigned hereby states that s/he understands the a	the parent activities that	or legal guardian of to the state of the sta	the Program Participar s program, and that the	nt. The e Program	Total Enclosed \$					
Participant is physically and mentally able to participate in this program. The undersigned recognizes, as with any activity, there is risk of injury. In the event that the Program Participant sustains an injury in the course of the program, and the					Method of Payment:					
City of Bloomington Parks and Recreation Department treatment, the City of Bloomington Parks and Recreati	☐ Cash (do not mail cash) ☐ Check/Money Order									
take reasonable steps to obtain appropriate medical tro	Visa/Mastercard #									
guardian shall be responsible for the cost of such treatment. The Undersigned now releases the City of Bloomington, the Bloomington Parks and Recreation Department, its employees, agents, and assigns, from any claims including, but not limited to, personal injuries or damage to property caused by or having any relation to this activity. It is understood that this release applies to any present or future injuries and that it binds the Undersigned, Undersigned's spouse, heirs, executors					Expiration Date					
					Signature					
and administrators. The Program Participant may be photographed and videotaped while participating in Parks and Recreation activities, and consent is given for the reproduction of such photos or videos for advertising and publicity.					(required if using credit card)					
I have read this release and understand all of its terms. I agree with its terms and sign it voluntarily.					Make check or money order payable to: City of Bloomington Parks and Recreation					
					Mail registrations to: City of Bloomington Parks and Recreation					
Signature (parent/guardian if participant is under 18 or under legal guardianship) Date City of Bloomington Parks and Recreation 401 N. Morton Street, Ste. 250, Bloomington IN 4							nington IN 47404			